

# Improving Patient Outcomes: -Two Womens Health Examples: Developments in Progesterone Only Contraception & Hyperemesis Gravidarum

WEBINAR

## Saturday 13th April 2024

Introducing your speakers

### All Delegates will receive

- Increased knowledge in Womens Health education
- A set of course downloads
- A certificate for your appraisal portfolio

**Suggested Accreditation 2 hours CPD**

### Dr Diana Mansour, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Healthcare  
 Newcastle upon Tyne Hospitals NHS Foundation Trust  
 Associate Clinical Lecturer at Newcastle University

### Dr Melanie Nana

NIHR Clinical Research Fellow & Obstetric Medicine Registrar

## Meet the Speakers ...

### Dr Diana Mansour FRCOG, FFSRH, DIPM

Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare at Newcastle upon Tyne Hospitals NHS Foundation Trust in the UK.

She is an Associate Clinical Lecturer at Newcastle University and was recently the Senior Vice President at the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. Diana currently sits on the FSRH UKMEC steering group and guideline development group. She is a British Menopause Society recognized specialist, leading recently on the development of the Menopause Guidance for the North of England.

Diana is first author to over 100 peer-reviewed publications and co-wrote 'Contraception Made Easy' with Dr Laura Percy for those working in general practice and family medicine.

Diana's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods. of contraception, medical management of heavy menstrual bleeding and management of the menopause.



### Dr Melanie Nana

Melanie Nana is an NIHR Research Training Fellow currently studying the mechanisms underpinning the neurocognitive and metabolic consequences of children born to women with severe Hyperemesis Gravidarum at King's College London, supervised by Professor Catherine Williamson.

In 2020 she undertook the obstetric medicine fellowship at St Thomas' Hospital where she was taught obstetric medicine by Professor Catherine Nelson-Piercy. During that time she completed the RCP credential in obstetric medicine.

Melanie has several publications relating to obstetric medicine including the largest study exploring the lived-experience of women with hyperemesis gravidarum, a BMJ 'State of the Art Review' on COVID-19 in pregnancy and work relating to antiplatelet use in pregnancy. She has published chapters on COVID-19 in pregnancy in the Oxford Textbook of Medicine and pituitary and adrenal disease in pregnancy in EndoText. She is a co-author of the European Guideline for Liver Disease, the RCOG 'The management of nausea and vomiting of pregnancy and hyperemesis gravidarum' guidelines and developed the management flow charts for the RCOG 'COVID-19 in pregnancy'.

She has a passion for medical education and completed the RCP Doctors as Educators accreditation in 2014 and enjoys lecturing on the topic of medical problems in pregnancy across Europe and internationally.



## Programme ...

- 09:30 – 10:30**    **Dr Diana Mansour**, FRCOG, FFSRH, DIPM  
 Consultant in Community Gynaecology and  
 Reproductive Healthcare  
 Newcastle upon Tyne Hospitals NHS Foundation Trust  
 Associate Clinical Lecturer at Newcastle University  
**Developments in Progesterone Only Contraception**
- 10:30 – 11:15**    **Dr Melanie Nana**  
 NIHR Clinical Research Fellow & Obstetric Medicine Registrar  
**Hyperemesis Gravidarum:  
 What Can Be Done To Improve Patient Outcomes**  
**Includes an overview of the new RCOG NVP Green Top Guideline**
- 11:15 – 11:30**    **Q & As**
- 11:30**                **Webinar Ends**

Exeltis is part of the Insud Pharma Group of biopharmaceutical organisations, with over 40 years of experience and operations in more than 50 countries. Exeltis UK was established in 2022 to bring Exeltis products to the UK market, Our product portfolio spans HRT, pregnancy and sexual health, with a healthy pipeline and we are committed to finding clinical solutions to meet the unmet needs for women across key stages of their sexual and reproductive lives.

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