

Cardiovascular disease risk in special populations and counselling patients

WEBINAR

Saturday 2nd December 2023

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- Increased knowledge in Cardiology
- A set of Course downloads
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Course Accredited for 2 hours CPD

Introducing your speakers

Dev Datta

MB BCh, MD, FRCP, FRCPath

Consultant in Metabolic Medicine, Cardiff

Michaela Nuttall

RGN MSc

Cardiovascular Nurse Specialist

Meet the Speakers ...

Dev Datta MB BCh, MD, FRCP, FRCPath

After completing medical school in Cardiff in 1997, Professor Dev Datta trained in cardiology and general medicine in Wales and Edinburgh until 2006 and during this period spent 2 years as a British Heart Foundation research fellow at Cardiff University. He undertook research into the biochemistry of blood vessel function in heart disease and diabetes, for which he was awarded his MD. He then completed training in medical biochemistry and metabolic medicine in Cardiff and also undertook training in obesity management at the Imperial Weight Centre, London.

Professor Dev Datta runs a weight management service and also sees patients who have high cholesterol, or have other risk factors for heart disease and stroke such as hypertension or a strong family history of vascular disease. He has an interest in the evaluation of individuals who do not tolerate standard lipid-lowering therapies such as 'statin' drugs. Professor Datta runs a clinical biochemistry and diagnostic medicine service which involves evaluation and treatment of a variety of metabolic conditions, such as problems related to calcium and sodium metabolism, vitamin deficiencies including vitamin D and hormones.

He is an NHS Consultant at University Hospital Llandough, in Cardiff, where he runs a lipid and cardiovascular disease prevention clinic and is clinical lead for the lipoprotein apheresis unit, one of the largest of its kind in the UK. He also is clinical lead for the Cardiff and Vale University Health Board NHS Weight Management Service. Professor Datta is a specialist in Chemical Pathology and Metabolic Medicine. He is active in both teaching and research and contributes to postgraduate education locally and nationally. He is course director for the MSc in Preventative Cardiovascular Medicine at the University of South Wales, which he established. He was appointed as a visiting professor in recognition of teaching and research by the University in 2022.



Michaela Nuttall RGN MSc

Michaela is a Cardiovascular Nurse Specialist with a unique and varied experience across the NHS and beyond.

She developed her passion for prevention over 20 years ago and has worked within it ever since. In 2016 she left public health after working in the field for 16 years and now focuses on her roles as a Director for Smart Health Solutions, Founder of Learn With Nurses, and Associate in Nursing for C3 Collaborating for Health.

In 2019 Michaela became Head of CVD Prevention for Public Health England and then went on to be OHID's Clinical Advisor of the programme until 2023.

She is the Chair of the Health Care Committee of Heart UK and an invited member of both the Nurses and The Guidelines and Information working party of the British and Irish Hypertension Society, elected member of the Association of Cardiovascular Nurses and Allied Health Professional Education working party, on a variety of editorial boards and the Global Cardiovascular Nursing Leadership Forum. Being a Trustee at PoTS UK keeps her firmly rooted in the challenges patients face in living with life-altering conditions.



Your Learning Agenda ...

Cardiovascular disease risk in special populations and counselling patients

Session 1

Professor Dev Datta Cardiovascular disease risk in different populations

Session 2

Michaela Nuttall Understanding and explaining cardiovascular risk


Programme ...

09:30 - 10:25am **Professor Dev Datta**
Cardiovascular disease risk in different populations

10:25 - 10:35am **Break**

10:35 - 11:30am **Michaela Nuttall**
Understanding and explaining cardiovascular risk

11:30am **Webinar Ends**

 This non-promotional education meeting has been organised and funded by Amgen, and is intended for UK HCPs only.

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