

Type 2 Diabetes & Sleep disorders: Including diagnosis & management of Obstructive Sleep Apnoea Hypopnoea Syndrome (OSAHS)

WEBINAR

Wednesday 18th September 2024

All Delegates will receive

- Increased knowledge of OSAHS
- A set of Course downloads
- A certificate for your appraisal portfolio

Suggested Accreditation
2 hrs CPD

Introducing your speaker

Dr Kevin Fernando

FRCGP FRCP Edin FAcadMed MSc Diabetes
GP Partner North Berwick Health Centre
Scottish Lead Primary Care Diabetes Society

Meet the Speaker ...

Dr Kevin Fernando FRCGP FRCP Edin. FAcadMed MSc Diabetes

GP Partner North Berwick Health Centre, GP with Specialist Interest in Diabetes/CVRM & Medical Education.

Kevin is a part-time GP Partner (4 clinical patient-facing sessions weekly) working at North Berwick Health Centre, near Edinburgh. He is also Content Advisor for WebMD Medscape Global & UK.

Kevin is a regular keynote speaker at small and large-scale education events, throughout the UK & Ireland and abroad. His main specialist topics include; all aspects of care for people living with Type 2 Diabetes & CVRM conditions and interpretation and management of commonly abnormal blood tests in primary care.

Kevin is an accomplished medical writer, and his articles distil key guidelines and consensus for primary care as well as summarise congress highlights, breaking research and its applicability to primary care. Additionally, Kevin has co-authored several articles published in peer-reviewed journals, again covering various aspects of Type 2 Diabetes & CVRM care in Primary Care.

Kevin is renowned for creating concise clinical aide memoirs (Medscape UK Primary Care Hacks <https://www.medscape.co.uk/viewarticle/type-2-diabetes-cardiovascular-renal-metabolic-review-2023a100060c>) for Primary and Secondary care, to make life easier for healthcare professionals and ultimately to improve the lives of our patients.

Kevin is very active on social media (X handle @drkevinfernando) where he posts hot topics in Type 2 Diabetes & CVRM as well as delivering "tweetorials". He recently has forayed into YouTube (@DrKevinFernando) and TikTok (@drkevinfernando) with patient-facing video content.

Kevin graduated from the University of Edinburgh in 2000, holds both MRCGP and MRCP(UK) qualifications and has completed a Master's degree in Diabetes, which he passed with distinction.

Kevin has been elected to Fellowship of the Royal College of General Practitioners, the Royal College of Physicians of Edinburgh and also the Academy of Medical Educators for his work in Diabetes and Medical Education.

"When you learn, teach, when you get, give." Maya Angelou 1928-2014



Your Learning Agenda ...

Type 2 Diabetes & Sleep disorders: Including diagnosis & management of Obstructive Sleep Apnoea Hypopnoea Syndrome (OSAHS)

- ▶ Waking up to the importance of duration & quality of sleep as major metabolic risk factors
- ▶ Double trouble: the bidirectional association of T2D & Obstructive Sleep Apnoea/Hypopnoea Syndrome (OSAHS)
- ▶ Diagnosis and management of OSAHS in Primary Care
Obstructive Sleep Apnoea in children
- ▶ Rise & shine: practicing healthy sleep hygiene

Programme ...

19:30pm - 20:15pm	Session 1
20:15pm - 20:45pm	Break and Promotional Presentation TBC
20:45pm - 21:30pm	Session 2
21:30 pm	Webinar Ends

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