

Identification & management of those at high risk of Type 2 Diabetes or "Prediabetes"

Wednesday 22nd May 2024

All Delegates will receive

- Increased knowledge of Diabetes
- A set of Course downloads
- A certificate for your appraisal portfolio

Suggested Accreditation
2 hrs CPD

Introducing your speakers

Dr Kevin Fernando,
 FRCGP FRCP Edin FAcadMed MSc Diabetes
 GP Partner North Berwick Health Centre
 Content Advisor Medscape Global & UK

Symposium Speaker sponsored by Bayer:

Dr Diana Mansour,
 FRCOG, FFSRH, DIPM
 Consultant in Community Gynaecology and Reproductive Healthcare
 Newcastle upon Tyne Hospitals NHS Foundation Trust
 Associate Clinical Lecturer at Newcastle University

Meet the Speakers ...

Dr Kevin Fernando FRCGP FRCP Edin. FAcadMed MSc Diabetes



GP Partner North Berwick Health Centre, GP with Specialist Interest in Diabetes/CVRM & Medical Education.

Kevin is a part-time GP Partner (4 clinical patient-facing sessions weekly) working at North Berwick Health Centre, near Edinburgh. He is also Content Advisor for WebMD Medscape Global & UK.

Kevin is a regular keynote speaker at small and large-scale education events, throughout the UK & Ireland and abroad. His main specialist topics include; all aspects of care for people living with Type 2 Diabetes & CVRM conditions and interpretation and management of commonly abnormal blood tests in primary care.

Kevin is an accomplished medical writer, and his articles distil key guidelines and consensus for primary care as well as summarise congress highlights, breaking research and its applicability to primary care. Additionally, Kevin has co-authored several articles published in peer-reviewed journals, again covering various aspects of Type 2 Diabetes & CVRM care in Primary Care.

Kevin is renowned for creating concise clinical aide memoirs (Medscape UK Primary Care Hacks <https://www.medscape.co.uk/viewarticle/type-2-diabetes-cardiovascular-renal-metabolic-review-2023a100060c>) for Primary and Secondary care, to make life easier for healthcare professionals and ultimately to improve the lives of our patients.

Kevin is very active on social media (X handle @drkevinfernando) where he posts hot topics in Type 2 Diabetes & CVRM as well as delivering "tweetorials". He recently has forayed into YouTube (@DrKevinFernando) and TikTok (@drkevinfernando) with patient-facing video content.

Kevin graduated from the University of Edinburgh in 2000, holds both MRCGP and MRCP(UK) qualifications and has completed a Master's degree in Diabetes, which he passed with distinction.

Kevin has been elected to Fellowship of the Royal College of General Practitioners, the Royal College of Physicians of Edinburgh and also the Academy of Medical Educators for his work in Diabetes and Medical Education.

"When you learn, teach, when you get, give." Maya Angelou 1928-2014

Dr Diana Mansour FRCOG, FFSRH, DIPM



Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare at Newcastle upon Tyne Hospitals NHS Foundation Trust in the UK.

She is an Associate Clinical Lecturer at Newcastle University and was recently the Senior Vice President at the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. Diana currently sits on the FSRH UKMEC steering group and guideline development group. She is a British Menopause Society recognized specialist, leading recently on the development of the Menopause Guidance for the North of England.

Diana is first author to over 100 peer-reviewed publications and co-wrote 'Contraception Made Easy' with Dr Laura Percy for those working in general practice and family medicine.

Diana's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, medical management of heavy menstrual bleeding and management of the menopause.

Your Learning Agenda for Dr Kevin Fernando ...

Identification & management of those at high risk of Type 2 Diabetes or "Prediabetes"

- ▶ Who is at risk of T2D and how do we define this?
- ▶ Key take-home messages from NICE PH38 on identifying & supporting those at highest risk of T2D
- ▶ Matching interventions to risk in people with Prediabetes
- ▶ Use of Metformin for Prediabetes
- ▶ Diagnosis & follow-up of women with a history of Gestational Diabetes
- ▶ Diagnosis & follow-up of women with a history of Polycystic Ovarian Syndrome
- ▶ Use of the Lester Positive Cardiometabolic Health Resource to improve collaborative and effective physical health monitoring in individuals experiencing SMI

Programme ...

19:30 - 20:15

Session 1

20:15 - 20:45

**Sponsored Symposium:
Supporting Women with Diabetes through the Perimenopause**

Dr Diana Mansour, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Healthcare
Newcastle upon Tyne Hospitals NHS Foundation Trust

Associate Clinical Lecturer at Newcastle University



This promotional symposium is part of the Women's Health Matters Educational Programme that is organised and fully funded by Bayer.

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20:45 - 21:30

Session 2

21:30

Webinar Ends

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