



Promoting excellence
in health education

Menopause Study Morning

Saturday 6th October 2018

Royal Society of Medicine
1 Wimpole Street, London W1G 0AE

Additional Content in
form of a Sponsored
Symposium by Bayer
on Contraception in
the perimenopause

Introducing your speaker

Kathy Abernethy
Senior Nurse Specialist
Menopause Clinical and Research Unit
Northwick Park Hospital
Harrow

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for 4 hours CPD

Meet the Speakers ...

Dr Tina Peers

Dr Tina Peers is a Consultant In Contraception and Reproductive Health and also a Menopause Specialist, working at the Chelwest in London with Mr Nick Panay.

She had 24 years' experience as the Clinical Lead for Contraceptive Services in Surrey.

Tina loves teaching and has worked Internationally lecturing on both the Menopause and Contraception.



Kathy Abernethy

Kathy is Chairman of the British Menopause Society and works in a busy NHS Service, as part of an award winning menopause team with a multidisciplinary approach to Menopausal care.

She has a Masters in Community Gynaecology and Reproductive Women's Health and as a prescriber, her consultations are independent and holistic. She aims to inform women about the Menopause and enable women to make confident therapy choices.

Kathy is an enthusiast for Menopause education and regularly teaches health professionals of all disciplines on Menopause and its management.

She is director of "the Menopause Course" an educational initiative specifically for nurses and author of the book for women 'Menopause: The One-Stop Guide'.



Your Learning Agendas ...

- ▶ Menopause Assessment - what is normal?
- ▶ Impact of menopause on health
- ▶ HRT Update on benefits and risks
- ▶ Alternative therapy choices - what is the evidence?
- ▶ Practical Prescribing - which HRT for which women?
- ▶ Review of NICE Guidelines
- ▶ Discussion and questions

Programme ...

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|----------------------|---|
| 8.45-9.15am | Registration, Coffee & Exhibition |
| 9.15-10.00am | Dr Tina Peers Contraception in the perimenopause |
| |  This promotional symposium is organised and funded by Bayer Plc |
| 10.00-11.30am | Kathy Abernethy - Session 1 Assessment, diagnosis, impact on women |
| 11.30-12.00am | Exhibition & Coffee |
| 12.00-1.30pm | Kathy Abernethy - Session 2 Treatment choices - HRT and non HRT, practical prescribing issues |
| 1.30pm | Conference closes |

There are 2 methods of booking:

- Book and pay online at www.medicconf.co.uk
- Post a cheque for £30.00 (Course fee inc. VAT) payable to Medicconf UK Ltd together with your completed booking form to the address below.

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