

FREE Study Morning for GPs & Practice Nurses Programme Developed & Sponsored by





Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

Saturday 14th July 2018

Cardiff School of Management Llandaff Campus, Cardiff Metropolitan University Western Avenue, Cardiff CF5 2YB

At this event

- Listen to Key Local and National Speakers
- Update your knowledge of Cardiovascular Disease and Lipid Management
- Receive a Certificate for your Appraisal Portfolio

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Meet the Speakers ...

Dr Dave Smith BM MD FRCP

Dr Smith is an interventional cardiologist who has worked in Morriston Hospital, Swansea, UK since 2006. He undertook clinical training in Southampton, London, Swansea, Cardiff and Paris. He was also awarded a research doctorate degree from the University of London for research work in the field of coronary artery disease progression and coronary plaque stability. He was one



of the co-chairs of the Welsh Specialised Cardiac Services Review in 2010 and he was also a member of the UK NICE guideline development group for the recently published national guidance on the acute management of heart attack. Dr Smith is also an Expert Adviser for NICE's Centre for Clinical Practice.

Dr Smith's current research interests include blood clot structure and function in acute coronary syndromes collaborating with Prof Adrian Evans' Haemostasis Biomedical Research Unit at Swansea. He also undertakes cardiovascular electronic informatics linkage collaborating with the SAIL team at Swansea University as well as multi-centre studies involving coronary artery stent procedures. He is an honorary Senior Lecturer at the College of Medicine in Swansea University.

Dr Smith is also a current council member of the British Cardiovascular Intervention Society (BCIS).

Dr Dev Datta MB BCh MD FRCP FRCPath

Consultant in Metabolic Medicine, Cardiff

After completing medical school in Cardiff, Dev trained in cardiology and general medicine in Wales and Edinburgh. During this period he was awarded a BHF junior research fellowship at Cardiff University and was subsequently awarded his MD. Having developed an



interest in preventative cardiology and vascular medicine, he then completed training in medical biochemistry and metabolic medicine in Cardiff, which included training at the Imperial Weight Centre, Charing Cross Hospital. He was appointed as a consultant in 2011.

He is clinical lead for the lipoprotein apheresis service in Cardiff and is medical lead for FH Wales, the Welsh Familial Hypercholesterolaemia cascade testing service. He runs a clinical nutrition service addressing medical complications of eating disorders and is clinical lead for the specialist weight management service in Cardiff. His research interests are in FH and vascular biology. Dev is course director for the distance learning MSc in Preventative Cardiovascular Medicine at University of South Wales.

Programme and Learning Agenda ...



An Amgen Funded Educational Meeting Series

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

Objectives:

- 1. Robust refresher on CVD from Cardiologist perspective tailored to GP needs
- Upskill GPs in the importance of lipid control in CVD prevention and provide practical guidance on diagnosis and referral of FH and Dyslipidaemic patients

Posistration and Coffee

Programme:

9.00-09.30am	Registration and Coffee
9.30-10.45am	Preventing Cardiovascular disease: An update
	► Latest data, guidelines and management of CVD. Top line focussing only on what GP really needs to know, any recent advances/evidence in CVD space (Covering: Ischaemic Heart Disease and ACS, Heart Failure, Hard to treat Hypertension)
	A cardiologist's perspective: What makes a good GP, a great GP?
	Take home message: What you as a GP can do on Monday to enhance your patient care
	Dr Dave Smith
10.45-11.15am	Break and Coffee
11.15-13.00pm	A practical guide to managing lipids in 2018
	► Refresher on lipoproteins, lipid metabolism, testing lipids
	► Causal role of LDL-C in CVD
	► Evidence from Statins of role of LDL-C lowering
	► New therapies (PCSK9i) and associated NICE guidance
	► Identifying FH and high risk patients
	► When and who to refer
	➤ Take home message: What you can do on Monday to enhance your patient care
	Dr Dev Datta
13.00pm	Meeting Closes



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