

#### **Free Study Evening for GPs and Practice Nurses**

Funding provided by pharmaceutical companies including a sponsored session over break time. Full details will be available on the website. Dr Fernando's sessions are completely independent of external sponsorship.

# Diagnosis & management of Diabetic Peripheral Neuropathy & Autonomic Neuropathy in Primary Care WEBINAR

# Wednesday 24th April 2024

### All Delegates will receive

- Increased knowledge of Diabetic Complications
- A set of Course downloads
- A certificate for your appraisal portfolio

**Suggested Accreditation 2 hrs CPD** 

Introducing your speaker

## **Dr Kevin Fernando**

FRCGP FRCP Edin FAcadMEd MSc Diabetes

GP Partner North Berwick Health Centre

Scottish Lead Primary Care Diabetes Society

# Meet the Speaker...

# Dr Kevin Fernando FRCGP FRCP Edin. FAcadMEd MSc Diabetes

GP Partner North Berwick Health Centre, GP with Specialist Interest in Diabetes/CVRM & Medical Education.

Kevin is a part-time GP Partner (4 clinical patient-facing sessions weekly) working at North Berwick Health Centre, near Edinburgh. He is also Content Advisor for WebMD Medscape Global & UK.



Kevin is a regular keynote speaker at small and large-scale education events, throughout the UK & Ireland and abroad. His main specialist topics include; all aspects of care for people living with Type 2 Diabetes & CVRM conditions and interpretation and management of commonly abnormal blood tests in primary care.

Kevin is an accomplished medical writer, and his articles distil key guidelines and consensus for primary care as well as summarise congress highlights, breaking research and its applicability to primary care. Additionally, Kevin has co-authored several articles published in peer-reviewed journals, again covering various aspects of Type 2 Diabetes & CVRM care in Primary Care.

Kevin is renowned for creating concise clinical aide memoirs (Medscape UK Primary Care Hacks <a href="https://www.medscape.co.uk/viewarticle/type-2-diabetes-cardiovascular-renal-metabolic-review-2023a">https://www.medscape.co.uk/viewarticle/type-2-diabetes-cardiovascular-renal-metabolic-review-2023a</a> 100060c) for Primary and Secondary care, to make life easier for healthcare professionals and ultimately to improve the lives of our patients.

Kevin is very active on social media (X handle @drkevinfernando) where he posts hot topics in Type 2 Diabetes & CVRM as well as delivering "tweetorials". He recently has forayed into YouTube (@DrKevinFernando) and TikTok (@drkevinfernando) with patient-facing video content.

Kevin graduated from the University of Edinburgh in 2000, holds both MRCGP and MRCP(UK) qualifications and has completed a Master's degree in Diabetes, which he passed with distinction.

Kevin has been elected to Fellowship of the Royal College of General Practitioners, the Royal College of Physicians of Edinburgh and also the Academy of Medical Educators for his work in Diabetes and Medical Education.

"When you learn, teach, when you get, give." Maya Angelou 1928-2014



**COURSE CODE 1687** 

# Your Learning Agenda ...

# Diagnosis & management of Diabetic Peripheral Neuropathy & Autonomic Neuropathy in Primary Care

- Diagnosis of Peripheral Neuropathy in Primary Care
- Practicalities & pitfalls to avoid when managing Peripheral Neuropathy in Primary Care
- Key take-home messages form the OPTION-DM trial on managing Diabetic Peripheral Neuropathic Pain
- Diagnosis of Autonomic Neuropathy in Primary Care
- Practical pearls identifying and managing Gastrointestinal Autonomic Neuropathy
- Practical pearls identifying and managing Cardiovascular Autonomic Neuropathy

## Programme ...

19:30pm - 20:15pm Session 1

20:15pm - 20:45pm Break and Promotional Presentation TBC

20:45pm - 21:30pm Session 2

21:30 pm Webinar Ends

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