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Back and Lower Limb Problems in Primary Care WEBINAR

Saturday 9th July 2022

All Delegates will receive

- Increased knowledge in MSK Medicine
- A set of Course downloads
- A certificate for your appraisal portfolio

Course Accredited for 3 hours CPD

Introducing your speaker

Dr Stephen Longworth MSc FRCGP FRACGP DM-SMed DPCR

Meet the Speaker...

Dr Stephen Longworth MSc FRCGP FRACGP DM-SMed DPCR

Dr Steve Longworth qualified in 1981 and was a full time GP in Leicester for 30 years, before moving to Australia. He now works as a GP between both countries. He was a GP Trainer, Appraiser, Undergraduate Tutor, and has been a Visiting Professor in the Department of Clinical Skills at St George's University Medical School in The Caribbean.

He worked in the Shoulder and Spine Clinics of the Department of Orthopaedic Surgery at Leicester General Hospital as a Specialist Doctor. He was the first GPwSI in Musculoskeletal Medicine in Leicester.

He has a Masters degree in Sport and Exercise Medicine and diplomas in Musculoskeletal Medicine and Primary Care Rheumatology.



He is a Past President of The Primary Care Rheumatology Society and was a Tutor and Examiner for The Diploma in Primary Care Rheumatology at the University of Bath.

He is co-author of the bestselling book "Injection Techniques in Musculoskeletal Medicine: A Practical Manual for Clinicians in Primary and Secondary Care" which has also been translated into French, Greek and Chinese. The 5th edition was published in 2018.

He wrote the chapter on Chronic Back and Neck Pain for the RCGP's textbook on Musculoskeletal Disorders in Primary Care (Curriculum Statement 15.9). He co-authored the chapter on clinical assessment in "The ABC of Spinal Disorders" from BMJ Books. He has written articles about musculoskeletal topics for Update, Prescriber, GP and others.

He has been a guest expert on Radio 4 medical programmes ~Case Notes" and "Check Up" on the topics of back and shoulder pain.



COURSE CODE 1601

Your Learning Agenda ...

Back Pain in Primary Care



- Setting The Scene
- Diagnostic Triage
- Red Flags and Staying Out Of Trouble (How not to miss serious disease) including Cauda Equina Syndrome, Ankylosing Spondylitis and Spinal Stenosis)
- Yellow Flags and Chronic Pain



Management

The Lower Limb in Primary Care

- A General Approach to Lower Limb Problems in Primary Care
- Common conditions and how to recognise and manage them
- Case Studies

Programme ...

- Session 1 9:30 - 10:45am 10:45 - 11:15am **Break and Promotional Presentation TBC**
- 11:15 12:30pm Session 2
- 12:30pm Webinar Ends

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