

Supporting those on Insulin Therapy

A Guide to Insulin Therapy for Primary Care

Workshop One

WEBINAR

Saturday 5th November 2022

All Delegates will receive

- Increased knowledge in Diabetes
- A set of Course downloads
- A certificate for your appraisal portfolio

**Course Accredited for
3 hours CPD**

Introducing your speaker

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

Meet the Speaker ...

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE



Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!

Your Learning Agenda ...

Supporting those on Insulin Therapy: A Guide to Insulin Therapy for Primary Care

Who are these Workshops aimed at?

These 2 insulin workshops are aimed at health care professionals (Nurses, GP's, Pharmacists) in primary care. They may also be of value for secondary care Health Care Professionals (HCP's) who are fairly new to supporting patients on insulin.

Note: These workshops are not intended to enable HCP's to initiate insulin. For that I suggest you identify a competency-based programme which incorporates an initial mentoring type strategy. Get in touch with your local secondary care Diabetes Centre if you are struggling to identify such a programme.

What you should gain from these workshops:

- ▶ A greater awareness of and confidence in the principles of assessment of glucose profiles.
- ▶ An appreciation of the principles of insulin dose adjustment.
- ▶ Understanding of the roles and place of different types of insulin regime.
- ▶ Insight into principles of carbohydrate counting and insulin to carbohydrate ratios.
- ▶ Awareness of the importance of and some strategies for supporting patient empowerment and decision making around insulin dose adjustment.
- ▶ A greater insight into some of the technology currently used to enable patient self-management of their condition.
- ▶ An understanding of 'sick day rules' or managing illness for those on insulin therapy.

Workshop 1

- ▶ The positioning of insulin within current glucose lowering strategies.
- ▶ Case based learning: Basic (one daily or twice daily) insulin regimes and principles of insulin dose adjustment.
- ▶ Gaining meaningful data from blood glucose testing.
- ▶ An insight into strategies to 'coach' patient self-management of their insulin therapy.
- ▶ HbA1C and blood glucose targets, personalised!
- ▶ Managing illness or 'sick day rules'.
- ▶ Your questions!

Programme ...

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|-----------------|--|
| 9:30 - 10:45am | Session 1 |
| 10:45 - 11:15am | Break and Promotional Presentation TBC |
| 11:15 - 12:30pm | Session 2 |
| 12:30pm | Webinar Ends |

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