

# Supporting those on Insulin Therapy

## A Guide to Insulin Therapy for Primary Care

Workshop Two

WEBINAR

# Saturday 26th November 2022

### All Delegates will receive

- Increased knowledge in Diabetes
- A set of Course downloads
- A certificate for your appraisal portfolio

**Course Accredited for  
3 hours CPD**

Introducing your speaker

**Mr Paul Dromgoole** RGN, RNMH, MSc Diabetes, PGCE  
**Clinical Lecturer - Diabetes / Diabetes Specialist Nurse**

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

### Meet the Speaker ...

**Mr Paul Dromgoole** RGN, RNMH, MSc Diabetes, PGCE



Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!

## Your Learning Agenda ...

### Supporting those on Insulin Therapy: A Guide to Insulin Therapy for Primary Care

#### Who are these Workshops aimed at?

These 2 insulin workshops are aimed at health care professionals (Nurses, GP's, Pharmacists) in primary care. They may also be of value for secondary care Health Care Professionals (HCP's) who are fairly new to supporting patients on insulin.

**Note:** These workshops are not intended to enable HCP's to initiate insulin. For that I suggest you identify a competency-based programme which incorporates an initial mentoring type strategy. Get in touch with your local secondary care Diabetes Centre if you are struggling to identify such a programme.

#### What you should gain from these workshops:

- ▶ A greater awareness of and confidence in the principles of assessment of glucose profiles.
- ▶ An appreciation of the principles of insulin dose adjustment.
- ▶ Understanding of the roles and place of different types of insulin regime.
- ▶ Insight into principles of carbohydrate counting and insulin to carbohydrate ratios.
- ▶ Awareness of the importance of and some strategies for supporting patient empowerment and decision making around insulin dose adjustment.
- ▶ A greater insight into some of the technology currently used to enable patient self-management of their condition.
- ▶ An understanding of 'sick day rules' or managing illness for those on insulin therapy.

#### Workshop 2

- ▶ Clarification and pick up on questions following Workshop 1.
- ▶ Insights into Multiple Injection Therapy (MIT): Who for and how do you support patient self-management of MIT?
- ▶ What can be managed in primary care? What may need referring to secondary (specialist) care?
- ▶ Principles of carbohydrate counting and insulin to carb' ratios.
- ▶ 'Flash' glucose monitoring – an overview and criteria for commencing.
- ▶ Case based learning – further examples of blood glucose profiles and interactive discussion.
- ▶ Your questions!

## Programme ...

|                 |  |
|-----------------|--|
| 9:30 - 10:45am  | Session 1                              |
| 10:45 - 11:15am | Break and Promotional Presentation TBC |
| 11:15 - 12:30pm | Session 2                              |
| 12:30pm         | Webinar Ends                           |

## Book online at [www.mediconf.co.uk](http://www.mediconf.co.uk)

We do not take bookings over the phone • MediConf no longer accept cheque payments

**Please note that all confirmations will be sent to you via email ONLY acknowledging your place, candidate registration number and other essential information.**

Mediconf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

The data collected on this form is used to process your booking request. For more information, please refer to our privacy policy which can be found at [www.mediconf.co.uk](http://www.mediconf.co.uk) where you may also find further information about processing of personal data and your rights. If you need any further information please contact the Data Processing Manager: Janet Poyner E. [janet@mediconf.co.uk](mailto:janet@mediconf.co.uk)

For a full list of our booking terms and conditions please visit our website: [www.mediconf.co.uk](http://www.mediconf.co.uk)

**IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office**

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR  
 T. 01253 712894 | W. [www.mediconf.co.uk](http://www.mediconf.co.uk) | E. [rebecca@mediconf.co.uk](mailto:rebecca@mediconf.co.uk)