

# Understanding the Menopause

## WEBINAR

# Thursday 1st July 2021

### All Delegates will receive

- Increased knowledge in Women's Health
- A set of Course downloads
- A certificate for your appraisal portfolio

**Course Accredited for  
2 hours CPD**

Introducing your speaker

**Dr Sarah Gray**

GP Specialist in Women's Health

## Meet the Speaker ...

### Dr Sarah Gray

Sarah Gray has spent over 30 years delivering Women's Health in Primary Care.

She has been a GP in Cornwall since 1992 and ran an NHS menopause referral clinic for 15 years until this was decommissioned to save funding costs in 2016.

She remains on the performers list but now leads an independent practice providing women's health at specialist level.

She sat on the British Menopause Society Council for 10 years and was a member of the groups who developed NICE CG44 and Quality Standards for Heavy Menstrual Bleeding.

She is now an executive director of the Primary Care Women's Health Forum and a Training Program Director for the Faculty of Sexual and Reproductive Health.

Sarah provides clinical governance to the public health arm of Cornwall Council.

Her latest textbook chapter was published in July 2020.



### Dr Farah Chaudhry

I returned home to Yorkshire having studied in Cambridge and completing my training in London. I worked as a GP in Leeds for 10 years with an interest in Women's Health which subsequently evolved into a full-time career in SRH. I have had a varied career and have worked as Consultant SRH and Contraceptive lead at Salford Royal, Bradford & Kirklees Sexual Health services.

I am delighted to now be working as Consultant SRH for Leeds Sexual Health and Surgeon for Leeds BPAS, in my home-town. I do not miss the M62 one bit!

Throughout my practice I have maintained an interest and passion for training and development. I have been CEU Guideline Fellow, Joint Faculty Regional Training Advisor for Yorkshire & Humber, General Training Programme Director, MFSRH Examiner, SAS Tutor and CESR Evaluator for the FSRH.

I am a busy parent to 3 lovely daughters who are a constant reminder of the important things in life.



## Your Learning Agenda ...

- ▶ What happens and why at menopause?
- ▶ Patient assessment – making sense of symptoms
- ▶ Risk review to enable you to offer options
- ▶ Principles of prescribing
- ▶ Follow up and trouble shooting

## Programme ...

7.30pm - 8.15pm

Session 1

8.15pm - 8.45pm

**Sponsored Symposium: Should more women be offered IUS?**

 Dr Farah Chaudhry  
 Consultant SRH  
 Leeds Sexual Health

 This promotional symposium is part of the  
 Women's Health Matters Educational Programme  
 that is organised and fully funded by Bayer PLC

8.45pm - 9.30pm

Session 2

9.30pm

Webinar Ends

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