

# Women's Health Study Evening: Premenstrual Syndrome/Bleeding Problems

## WEBINAR

RESCHEDULED  
WEBINAR

# Tuesday 19th October 2021

### All Delegates will receive

- Increased knowledge in Women's Health
- A set of Course downloads
- A certificate for your appraisal portfolio

**Course Accredited for  
2 hours CPD**

Introducing your speaker

### Mr Nick Panay

Consultant Gynecologist, Subspecialist in Reproductive Medicine  
Imperial College Healthcare NHS Trust and Chelsea & Westminster Hospital NHS Foundation Trust, London  
Honorary Senior Clinical Lecturer, Imperial College London  
Guest Professor, Beijing Obstetrics and Gynecology Hospital, Capital Medical University.

### Meet the Speaker ...

### Mr Nick Panay BSc MBBS FRCOG MFSRH

As director of the Menopause & PMS Centres at Queen Charlotte's and Chelsea & Westminster Hospitals, Nick leads a busy clinical and research team which publishes widely, presents at scientific meetings and trains health professionals at all levels.

Much of his team's research has focused on improving the understanding and management of Menopause, Premature Ovarian Insufficiency, PMS, Female Sexual Dysfunction and novel therapeutic regimens e.g. Neurokinin receptor antagonists.

Through his work with a number of societies, councils and women's groups he campaigns actively for women's health issues both nationally and internationally. His affiliations include:

Board Member and President Elect, International Menopause Society,

Past Chairman of The British Menopause Society (BMS),

Medical Advisory Council Member, BMS

Chairman of The National Association for Premenstrual Syndromes,

Clinical Advisory Board Member, International Association for Premenstrual Disorders,

Patron of Daisy Network

Past Honorary Director of Conferences, RCOG,

Past President and Council member, Royal Society of Medicine (O & G Division).



## Your Learning Agenda ...

### TOPIC 1 Premenstrual Syndrome/Premenstrual Dysphoric Disorder (PMS/PMDD)

- ▶ Terminologies and Guidelines for PMS v PMDD
- ▶ How should PMS / PMDD be diagnosed?
- ▶ Management of PMS / PMDD - what is the evidence base for:
  - Complementary therapies
  - Psychological options
  - Hormonal therapies
  - Surgery
- ▶ Current and future research in PMS/PMDD

### TOPIC 2 Bleeding Problems

- ▶ Scale and cost of problem
- ▶ Pathophysiology - FIGO classification
- ▶ Terminologies and definitions
- ▶ Diagnostic strategies in primary and secondary care
- ▶ Management options:
  - Symptomatic treatments
  - Surgical approaches
  - Medical approaches

## Programme ...

7.30pm - 8.15pm **Session 1**

8.15pm - 8.45pm **Break and Sponsored Symposium:**

**Patient case studies discussion using oestrogen products.**

Dr Sarah Gray. GP Specialist in Women's Health. Cornwall

**Learning objectives:**

1. Understanding of key points in diagnosis and management of the menopause
2. Understanding of the mode of action and potential use of transdermal oestrogen spray for relief of systemic menopausal symptoms, and vaginal oestrogen tables for atrophy.

**This is a symposia slot sponsored by**  **GEDEON RICHTER**

Gedeon Richter medicines will be discussed during the symposium. UK-LENZ-2100044 - June 2021

8.45pm - 9.30pm **Session 2**

9.30pm

**Webinar Ends**

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