

Women's Health Study Evening: Premenstrual Syndrome/Bleeding Problems

WEBINAR

Wednesday 23rd June 2021

All Delegates will receive

- Increased knowledge in Women's Health
- A set of Course downloads
- A certificate for your appraisal portfolio

**Course Accredited for
2 hours CPD**

Introducing your speaker

Mr Nick Panay

Consultant Gynecologist, Subspecialist in Reproductive Medicine
Imperial College Healthcare NHS Trust and Chelsea & Westminster Hospital NHS Foundation Trust, London
Honorary Senior Clinical Lecturer, Imperial College London
Guest Professor, Beijing Obstetrics and Gynecology Hospital, Capital Medical University.

Meet the Speaker ...

Mr Nick Panay BSc MBBS FRCOG MFSRH

As director of the Menopause & PMS Centres at Queen Charlotte's and Chelsea & Westminster Hospitals, Nick leads a busy clinical and research team which publishes widely, presents at scientific meetings and trains health professionals at all levels.

Much of his team's research has focused on improving the understanding and management of Menopause, Premature Ovarian Insufficiency, PMS, Female Sexual Dysfunction and novel therapeutic regimens e.g. Neurokinin receptor antagonists.

Through his work with a number of societies, councils and women's groups he campaigns actively for women's health issues both nationally and internationally. His affiliations include:

Board Member and President Elect, International Menopause Society,

Past Chairman of The British Menopause Society (BMS),

Medical Advisory Council Member, BMS

Chairman of The National Association for Premenstrual Syndromes,

Clinical Advisory Board Member, International Association for Premenstrual Disorders,

Patron of Daisy Network

Past Honorary Director of Conferences, RCOG,

Past President and Council member, Royal Society of Medicine (O & G Division).



Your Learning Agenda ...

TOPIC 1 Premenstrual Syndrome/Premenstrual Dysphoric Disorder (PMS/PMDD)

- ▶ Terminologies and Guidelines for PMS v PMDD
- ▶ How should PMS / PMDD be diagnosed?
- ▶ Management of PMS / PMDD - what is the evidence base for:
 - Complementary therapies
 - Hormonal therapies
 - Psychological options
 - Surgery
- ▶ Current and future research in PMS/PMDD

TOPIC 2 Bleeding Problems

- ▶ Scale and cost of problem
- ▶ Pathophysiology - FIGO classification
- ▶ Terminologies and definitions
- ▶ Diagnostic strategies in primary and secondary care
- ▶ Management options:
 - Symptomatic treatments
 - Medical approaches
 - Surgical approaches

Programme ...

7.30pm - 8.15pm	Session 1
8.15pm - 8.45pm	Break and Promotional Presentation TBC
8.45pm - 9.30pm	Session 2
9.30pm	Webinar Ends

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