

Heavily Subsidised Study Evening for GPs and Practice Nurses only £15 inc VAT

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# Practical HRT Prescribing for the Menopause WEBINAR

## Wednesday 19th May 2021

#### All Delegates will receive

- Increased knowledge in Women's Health
- A set of Course downloads
- A certificate for your appraisal portfolio

Course Accredited for 2 hours CPD

Introducing your speaker

#### **Kathy Abernethy**

Senior Nurse Specialist Menopause Clinical and Research Unit Northwick Park Hospital, Harrow

#### Meet the Speaker...

### Kathy Abernethy Mclin Sci RN

Kathy Abernethy has extensive clinical experience working with women at and after menopause. She leads a busy multidisciplinary NHS menopause clinic in London, has a private clinic in South West London and is Director of menopause services at a digital health company. With a Masters in Community Gynaecology and Reproductive Healthcare and as a prescriber, her consultations are independent and holistic. Kathy has published in nursing and lay



press, authored a book for nurses on Menopause and HRT as well as numerous articles for women themselves, featuring in Woman and Home, Yours, Women's Weekly, on Woman's Hour and others. As Chairman of the Society until July 2019, she contributed to the British Menopause Society handbook on menopause management and is a registered BMS Specialist. She is a Trustee of the Society as well as Editorial Board member of the Journal Post Reproductive Health.

She has written her own book for women: "Menopause: The One Stop Guide" which is highly commended in the BMA Book Awards 2019.

With Peppy, Kathy leads a team of menopause practitioners to offer one to one personalised menopause support through the support of employers.



**COURSE CODE 1507** 

#### Your Learning Agenda ...

- Principles of HRT prescribing
- Choosing the right HRT
- Discussing risks and side effects
- Case scenarios
- Complex cases

#### Programme ...

7.30pm - 8.15pm Session 1

8.15pm - 8.45pm Break and Promotional Presentation TBC

8.45pm - 9.30pm Session 2

9.30pm Webinar Ends

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