

# The management of infant feeding disorders: cow's milk allergy and reflux WEBINAR

## Saturday 12th December 2020

### All Delegates will receive

- A set of supplementary course notes
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD**

### Meet the Speakers ...

#### Glenn R Gibson

##### Professor of Food Microbiology, The University of Reading

Visiting Professor, Imperial College, London (Institute for Global Health Innovation)  
Visiting Professor, Northumbria University

Also has honorary positions at research institutes in New Zealand and China.

He currently researches acute and chronic gut disease. Specific projects on pro/prebiotics, gas production, gut microbiota development with age, gastroenteritis, obesity and colonic homeostasis are being carried out. Human trials are a major facet of the research, with initial principles being tested in gut models.

8 books, >490 research papers, >70 PhD students (some co-supervised); >130 research contracts.

His PhD was on the bacteriology of sediments and was awarded by University of Dundee. He then had research positions at MRC Dunn in Cambridge and Institute of Food Research in Reading.



#### Dr Helen Howells BM Honours DCH DRCOG DFSRH DOHNS nMRCGP (2015) MSc Allergy with Honours

##### GP With Extended Role in Paediatric Allergy

Dr Howells qualified from Southampton University in 2005. After rotating through several hospital posts, she undertook GP training and completed this in 2015. She is a portfolio GP working for the Bournemouth GP Urgent Treatment Centre and as a visiting GP for several local surgeries.

Helen became interested in allergy due to her own experiences of managing a child with milk and nut allergies. As a result, she commenced the MSc in Allergy at Southampton University and completed her studies three years ago.

Helen worked with the paediatric allergy team at the University Hospital of Southampton for over four years but is currently focusing her efforts on helping primary care with the Covid-19 pandemic. Helen has just stepped down as the chairperson of the primary care group of BSACI (British Society of Allergy and Clinical Immunology). She spends a great deal of her free time running allergy education sessions for primary care staff and is an honorary lecturer at Southampton University.



## Your Learning Agenda ...

### A - Z of the gut microbiome in the early years

The human gut is now seen to be pivotal in influencing health and wellbeing. Much of this is driven by the complex collection of bacteria that reside in the intestinal tract, known as the microbiota. There is accumulating evidence that gut bacteria are involved in the pathogenesis of many digestive disorders but on the contrary can positively influence health.

One way of controlling this is to target components of the microbiota that are positive for health and repress the more negative entities. Prebiotics are being researched for the latter effect. In the drive to find the cause of gut disorders or new effective therapies, healthcare workers and patients are increasingly expanding the current treatment base to obtain better symptom control.

This presentation will give an A-Z guide\* to the gut microbiome. It will include study results, gut microbiology facts, stories behind the research and future prospects (\* if you are wondering J and K are the most difficult letters to fill).

### Diagnosing and managing cow's milk protein allergy in primary care

#### AIMS AND OBJECTIVES

1. Consider the prevalence of Cow's Milk Protein Allergy (CMPA) and the challenges of diagnosis
2. Review the differences between IgE and non-IgE CMPA
3. Consider what advice should be given to those with IgE mediated CMPA
4. How to manage non-IgE CMPA, considering types of formula and milk ladder

## Programme ...

|                  |  |
|------------------|--|
| 9.30am - 10.15am | <b>Glenn R Gibson</b><br><b>Professor of Food Microbiology, The University of Reading</b><br><b>A - Z of the gut microbiome in the early years</b>         |
| 10.45 - 10.55am  | <b>Nutricia</b><br><b>The management of infant feeding disorders: cow's milk allergy and reflux</b>  |
| 10.55 - 11.15am  | <b>Break</b>   |
| 11.15 - 12.30pm  | <b>Dr Helen Howells</b><br><b>GP With Extended Role in Paediatric Allergy</b><br><b>Diagnosing and managing cow's milk protein allergy in primary care</b> |

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