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Dr Holmes' sessions are completely independent of external sponsorship.

# Common Dilemmas in Respiratory Medicine - And some Practical Primary Care Answers WEBINAR

# Saturday 7th November 2020

#### All Delegates will receive

- Increased knowledge in Respiratory Medicine
- A set of Course downloads
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD** 

Introducing your speaker

Dr Steve Holmes MMedSci,MBChB,FRCGP
GP, Shepton Mallet, Somerset
Clinical Respiratory Lead, Somerset CCG
Education Lead, Primary Care Respiratory Society UK
Associate Postgraduate Dean, Health Education England (Severn)

### Meet the Speaker ...

# Dr Steve Holmes MMedSci,MBChB,FRCGP

Steve has been a general practitioner for more than 30 years and has been involved as a GP educator (trainer, tutor, course organiser, APD) through most of this time.

He has had a respiratory interest through most of his career working closely with the BTS and other bodies producing national and international guidelines as well as having more than 250 publications to his name.

He is a core member of the NHS Your COVID Recovery group, has been involved in guidance and papers on COVID regionally and nationally and was the opening speaker on the virtual International Primary Care Respiratory Group conference talking on Post COVID recovery.

# Your Learning Agenda ...

# Common Dilemmas in Respiratory Medicine - and some Practical Primary Care Answers

This will be COVID19 ready – and will move away from the usual full guideline updates to a more topic based update covering areas you have raised as complex areas for us as primary care clinicians. This update will cover the latest evidence in a practical way that you will be able to apply in clinical practice in primary care. The presentations will cover the evidence but most importantly key tips on how to apply in clinical practice. It will also highlight how to manage respiratory problems in a COVID19 era.

The topics below will be a mix of evidence and clinical tips - and hope they help at the coal face of real practice.

#### **Asthma associated topics**

Wheezing under 5 years My child is wheezy (under 5 years old) is it asthma?

**Exercise induced breathlessness** I'm breathless when I run - can you sort it out for me?

Late onset asthma I'm forty and just developed asthma - what is going on?



**COURSE CODE 1452** 

# Your Learning Agenda ...

**Short acting beta agonist problems and solutions** I need more of my ventolin inhalers - and you should be providing me with two inhalers each prescription!

**Exacerbation management in asthma** I need some more steroids for my asthma flare ups - the out of hours said I should keep some in.

#### **COPD** associated topics

Is it really COPD - some common catches? The hospital tell me that the tests show I have COPD and emphysema - but to come to you for further assessment. (The emergency diagnosis and the CT finding of emphysema) - What are you going to do? Testing during the COVID19 pandemic – and practical solutions.

**Asthma and COPD - does it overlap?** I used to have asthma but now they tell me it is COPD - did the clinicians who told me it was asthma get it wrong before?

What are the non-drug pharmacological options for COPD? You've given me the inhalers but what else can I do?

**Pharmacological interventions made easy** Is GOLD fake and should we be NICEr? Improving symptoms and reducing exacerbations made easier for primary (and secondary) care

**Exacerbation management in COPD** It's my third exacerbation this year doc - and last time I had to call out of hours as someone stopped my repeat of steroids and antibiotics - what is going on?

#### **Bronchiectasis**

When should I think of the diagnosis - and what should I do?

Most people are managed in primary care with their bronchiectasis - what should I be doing?

When should I refer back to secondary care - and what should I expect?

#### **Interstitial Lung Disease**

What are they and when should I suspect them?

How should I investigate and when should I refer?

What should I expect my specialist colleagues to do?

#### Programme ...

9.30-10.45am Session 1

10.45-11.15am Break and Promotional Presentation TBC

11.15-12.30pm Session 212.30pm Webinar Ends

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