

Contraceptive Technology Update 2020: Part 2 WEBINAR

Saturday 15th August 2020

All Delegates will receive

- A set of supplementary course notes
- A certificate for your appraisal portfolio

**Course Accredited for
 3 hours CPD**

**This is the second of 2 presentations.
 This is a stand-alone event. Delegates do not need
 to attend part 1 to benefit.**

Introducing your speaker

Professor John Guillebaud
 Emeritus Professor of Family Planning
 University College London.

Meet the Speaker ...

**John Guillebaud - pronounced in 2 syllables
 "Gil-boe" [a Huguenot name]**

is Emeritus Professor of Family Planning and Reproductive Health, University College London (personal Chair since 1992, the world's first in this specialty) and ex Medical Director, Margaret Pyke Centre for Study and Training in Family Planning.

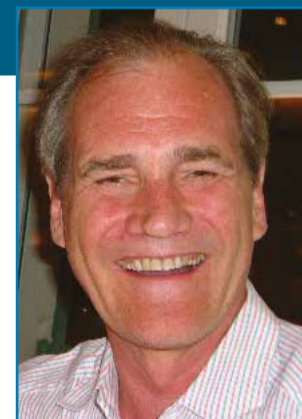
He was born at Buye, Burundi, brought up in Rwanda, Uganda and Kenya, and continues to support sexual and reproductive healthcare professionals in Africa. He features intermittently in the media and also consults, as requested, both internationally and nationally, advising inter alia on the regular Guidance documents issued by the Faculty of Sexual and Reproductive Health.

As well as procedures for women he has performed c 5000 vasectomies - latterly by the favoured 'No-scalpel' technique - and had one himself, remarking that he may have toyed with the idea but didn't do his own! He is author/co-author of over 300 publications on environmental sustainability, climate change, reproductive health and population, contraception for women and for men, and of nine books available in 10 languages including Bulgarian, Malay and Japanese. "Contraception Today" and "Contraception: Your Questions Answered" (now co-authored with Professor Anne MacGregor) are available in very recent editions, and he contributed to the "Oxford Handbook of Reproductive Medicine and Family Planning" and "Contraception: a Casebook from Menarche to Menopause."

His choice of contraception for both genders as his specialty, leading to higher degrees in both surgery and gynaecology, was made while he was still a medical student, prompted by a lecture from the Biologist Dr Colin Bertram. Ever since, his vision has been that humankind's collective environmental footprint is exacerbated by the number of feet - i.e. the number of humans doing the consuming and polluting, on our uniquely life-supporting but finite planet. This factor, one of only 3, in humanity's environmental impact must be addressed, always wisely and compassionately, through voluntary rights-based family planning made accessible to all. Along with among others Sir David Attenborough he is a Patron of and Adviser to www.populationmatters.org; and his website is www.ecotimecapsule.com.

His activism regarding climate change is best summed up in the slogan: "*the greenest energy of all is the energy you do not use - at all*". This is obvious from his lifetime enthusiasm for cycling, for its fun, convenience and zero emissions; and less obviously but no less importantly from his strong advocacy to reduce the number of climate changERS on the planet through the neglected climate intervention of voluntary family planning.

John now spends an increasing amount of time and energy with his grandchildren living next door, enjoying the same extended household and shared garden. He warns that, although large audiences are still coming, 2020 is expected to be the final year of his interactive presentations "in a city near you".



Your Learning Agenda ...

Contraceptive Technology Update 2020: Part 2

The following will be covered, during the presentation as time permits, otherwise by the supplementary Manual provided

Part 2: Discussion of contraceptive choices:

- 1 for teenagers and 20s
- 2 for women over 40 and peri-menopausally
- 3 after pregnancy of any gestation
- 4 with low and high body mass
- 5 when there is no reliable LMP - the Proving Not Pregnant Protocol
- 6 when Quick-starting and bridging, which are new prescribing norms
- 7 at and after emergency contraception
- 8 when any method results in problematic bleeding: the "D Check-list"
- 9 during assorted concurrent diseases and several dis-eases including Migraine with aura, obesity, epilepsy.
- 10 when there are potential drug interactions (by enzyme induction and more)
- 11 relating to pre- or peri-conception.
- 12 when permanence is desired - male and female sterilization.

Summary: messages from this session which may change your practice
 (Or not, if you were already up to speed!)

Programme ...

9.30 - 10.45am	Contraceptive Technology Update: Session 1
10.45 - 11.00am	Break and Promotional Presentation TBC
11.00 - 11.30am	Prof answers your Questions
11.30 - 12.30pm	Contraceptive Technology Update: Session 2
12.30pm	Webinar Ends

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MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
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