

**New  
Programme  
for 2020**

# Women's Health Update 2020

## All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for  
3 hours CPD**

## Saturday 10th October 2020

**Novotel Southampton  
1 West Quay Road,  
Southampton SO15 1RA**

Introducing your speaker

**Diana Mansour**, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Health Care  
Head of Clinical Service, Sexual Health at Newcastle upon Tyne Hospitals  
NHS Foundation Trust  
Associate Clinical Lecturer, Newcastle University

## Meet the Speaker ...

### Diana Mansour, FRCOG, FFSRH, DIPM



Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare at Newcastle upon Tyne Hospitals NHS Foundation Trust in the UK. She has been an Associate Clinical Lecturer at Newcastle University since 1997. In addition Dr Mansour is Senior Vice President at the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. Diana is the Lead Officer for FSRH Clinical Effectiveness Committee, the Clinical Standards Committee, the Clinical Study's Group and FSRH Journal.

Dr Mansour was the first accredited subspecialty trainee in Community Gynaecology and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. She is first author to over 90 peer-reviewed publications and has most recently published in 'Contraception' Journal and the BMJ SRH. She co-wrote 'Contraception Made Easy' with Dr Laura Percy for those working in general practice and family medicine.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, changes in health service provision, medical management of heavy menstrual bleeding and management of the menopause.



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## Your Learning Agenda ...

### Case-based discussions covering:

- ▶ Contraception – ‘what’s new’, ‘what’s changed’ and ‘what’s relevant’ based on FSRH and NICE guidelines
- ▶ IMB, PCB and PMB – how to manage, when to refer urgently
- ▶ No vaginal bleeding – when to investigate and how to manage
- ▶ Vulval, vaginal and bladder problems
- ▶ Pelvic pain – the next steps
- ▶ Hormonal problems – pre, peri and post menopause. What advice to give, how to manage

## Programme ...

|                        |  |
|------------------------|--|
| <b>09.00 - 09.30am</b> | <b>Registration, Coffee and Exhibition</b> |
| <b>09.30 - 11.00am</b> | <b>Women's Health Update Part 1</b>        |
| <b>11.00 - 11.30am</b> | <b>Coffee, Biscuits and Exhibition</b>     |
| <b>11.30 - 1.00pm</b>  | <b>Women's Health Update Part 2</b>        |
| <b>1.00pm</b>          | <b>Conference Closes</b>                   |

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