

## Consulting Under Pressure

More and more expected of you? Less and less time to do it? The GP consultation is under greater pressure than ever before. In this seminar, Roger Neighbour presents a simplified 'patient-focused but doctor-guided' approach to the consultation, suitable for today's realities while preserving the essentials of good consulting.

### All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio
- Increased confidence and skill in consultations

**Course Accredited for  
3 hours CPD**

## Saturday 19th September 2020

**Jurys Inn Middlesbrough  
Fry Street, Middlesbrough TS1 1JH**

Introducing your speaker

**Dr Roger Neighbour**

Meet a National and International Authority on Consultation Skills. Roger is former President of the Royal College of General Practitioners and author of the classic text books "The Inner Consultation", "The Inner Apprentice" and most recently "The Inner Physician."

### Meet the Speaker ...

**Dr Roger Neighbour** OBE MA DSc FRCGP FRCP FRACGP

Roger Neighbour qualified from King's College, Cambridge and St Thomas' Hospital. After vocational training in Watford he became a GP in Abbots Langley, Hertfordshire from 1974 to 2003.

He was a trainer and course organiser with the Watford Vocational Training Scheme for many years, an MRCGP examiner for 20 years, and Convenor of the RCGP's Panel of Examiners from 1997 to 2002. In 2003 he was elected President of the Royal College of General Practitioners for a three year term.

An interest in the psychology of the doctor-patient relationship and of the teacher-learner relationship in vocational training led Roger to write 'The Inner Consultation' (1987, 2nd ed. 2005) and 'The Inner Apprentice' (1992, 2nd ed. 2005). His latest book 'The Inner Physician' (2016) explores the contribution of a doctor's non-professional self to the clinical process.

Now retired from clinical practice, Roger continues to write, teach and lecture in the UK and worldwide on consulting skills and general practice. In 2011 he was awarded an OBE for services to medical education. He enjoys playing the violin to semi-professional standard and spending time at his second home in Normandy.



## Your Learning Agenda ...

### 'Consulting Under Pressure' - a message from the speaker, Dr Roger Neighbour

Thank you for booking to attend this MediConf session.

We all know that GPs are experiencing ever greater demands and constraints, making it more and more difficult to continue to consult in a patient-centred way. And yet, on a good day, GPs continue to derive most of their professional satisfaction from their one-to-one consultations with individual patients.

My aim in this seminar is to increase your chances of having a day of good consultations. We will start by looking at some coping strategies that **don't** work. Then I'll describe a simple three-part way of structuring your consultations which is practical and will stand up under pressure. You'll learn how 'speed summarising', 'using receipts' and 'thinking aloud' can give you some much-needed control over how the consultation unfolds.

If there is any particular issue you would like to be covered in the session, please email me at least a week in advance, so that I can prepare some thoughts and material. My address is: [rogerneighbour@gmail.com](mailto:rogerneighbour@gmail.com)

I look forward to meeting you.

Roger Neighbour

## Programme ...

09.00 - 09.30am	Registration, Coffee and Exhibition
09.30 - 11.00am	"Consulting under Pressure" - Part 1
11.00 - 11.30am	Coffee, Biscuits and Exhibition
11.30 - 1.00pm	"Consulting under Pressure" - Part 2
1.00pm	Conference Closes

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