

New  
Programme  
for 2020

# Women's Health Update 2020

## All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for  
3 hours CPD**

## Saturday 28th March 2020

**Cardiff School of Management  
Llandaff Campus, Cardiff Metropolitan University,  
Western Avenue, Cardiff CF5 2YB**

Introducing your speaker

**Dr Anne Connolly**

MBChB DRCOG DFSRH MRCGP Dip GPSI gynae

GP Bradford | GPSI Gynaecology

Chair of the Primary Care Women's Health Forum

## Meet the Speaker ...

**Dr Anne Connolly** MBChB DRCOG DFSRH MRCGP Dip GPSI gynae



After a two year volunteer posting to an under-resourced mission hospital in rural Zimbabwe, Anne returned to General Practice in inner-city Bradford in 1990 and is currently working as a GP providing care for asylum seekers, refugees, homeless and sex workers.

She is a GPSI in gynaecology, accredited as a hysteroscopist, colposcopist and FSRH trainer.

She has been involved with commissioning since 2006 and is Bradford City CCG clinical board member with remit for maternity, women's, children and young people's healthcare.

Anne is chair of the PCWHF and RCGP Clinical Champion for Women's Health.

She is also co-editor of Women's Health in Primary Care.



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## Your Learning Agenda ...

### Aims

51% of the population are women. Women's health related concerns are a common presentation in primary care requiring an individualised life course approach. Using typical cases seen in primary care we will discuss 'tips and tricks' to pragmatically put evidence into our daily practice, aiming to streamline the pathways of care offered to women.

### Learning outcomes

**Following this session delegates will be able to:**

Describe a clear understanding of the individual assessment required for managing women with requests for specific women's health issues including cases selected from:

- ▶ 'I don't want to be pregnant'
- ▶ 'I do want to be pregnant'
- ▶ 'I had my smear and now I've got an 'STI''
- ▶ 'I keep missing work because of my periods.'
- ▶ 'I can't sleep because of these sweats'
- ▶ 'I can't exercise because I keep leaking'
- ▶ 'I keep feeling bloated'

### Clinical outcomes

**It is anticipated that following this session delegates will achieve:**

- ▶ An improved understanding of managing women's health concerns using an individualised life course approach.
- ▶ Appreciate the latest evidence for the management of a number of women's health concerns commonly presenting to us in primary care.
- ▶ Explore options to improve the pathway of care for women in your local network.

## Programme ...

09.00 - 09.30am	Registration, Coffee and Exhibition
09.30 - 11.00am	Women's Health Update Part 1
11.00 - 11.30am	Coffee, Biscuits and Exhibition
11.30 - 1.00pm	Women's Health Update Part 2
1.00pm	Conference Closes

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