



Promoting excellence
in health education

Optimising outcomes in patients at risk of cardiovascular events: a primary care masterclass

Saturday 14th March 2020
9.00am - 1.00pm

Leeds Mercure Parkway Hotel
Otley Road, Headingley
Leeds LS16 8AG

At this event

- Listen to local and national experts in the field
- Enhance your knowledge for protecting patients from the risk of CV events
- Engage with your primary care colleagues
- Receive a certificate for your appraisal portfolio

Meet the Speakers ...

Professor Ahmet Fuat PhD FRCGP FRCP (London) FRCP (Edinburgh) PGDiP Cardiology

Professor Ahmet Fuat has been a GP in Darlington, Co. Durham for 33 years. He has been a GPSI Cardiology for 20 years having undertaken a Postgraduate Diploma in Cardiology at Bradford University graduating with distinction. He started the first one stop diagnostic and integrated heart failure clinic in the UK 17 years ago with local colleagues.



His PhD by research in heart failure diagnosis and management including work on natriuretic peptides generated several publications that have informed guidelines and led to the award of an Honorary Professorial Chair at Durham University.

He holds various roles in CVD and research including the immediate past President of the Primary Care Cardiovascular Society (PCCS) which he was instrumental in reforming, CVD Clinical Adviser to the RCGP, CVD and Research Leads for Darlington Primary Care Network (PCN) and Federation, Associate Lead for Industry Research at North East and North Cumbria NIHR CRN. He has recently been elected onto the newly formed Darlington PCN Governing body as a GP member and Chair.

He has a passion for medical education and remains an active lecturer, tutor and researcher. He is on the editorial boards of the British Journal of Cardiology and Primary Care Cardiovascular Journals and a peer reviewer for most high impact Cardiovascular journals and research bodies. His work in community cardiology has been recognised with Fellowships from the RCGP, RCP London and RCP Edinburgh.

Professor Michael Norton

Professor Michael Norton is a Consultant Community Cardiologist and Visiting Professor of Community Cardiology based in the North East of England.

Michael runs the Dept. of Community Cardiology in Sunderland and also works in the Falls & Syncope Service at Newcastle's Royal Victoria Infirmary. He is also the Deputy Medical Director of the North East Ambulance Service and is clinically active in pre-hospital emergency medicine.



On completing his hospital training, Michael trained in general practice on the Northumbria Vocational Training Scheme.

Michael's main clinical and research interests are cardiovascular risk reduction, atrial fibrillation, heart failure, neuro-cardiovascular syncope and cardiac arrest.

Michael is a director and council member of the Primary Care Cardiovascular Society. He is also the co-founder of Cardioproof, a community interest company, which aims to improve survival from cardiac arrest by increasing bystander CPR and use of public access defibrillators.

Your Learning Agenda ...

Optimising outcomes in patients at risk of cardiovascular events: a primary care masterclass

Around 7.4 million people in the UK live with the burden of cardiovascular disease (CVD), making it one of the biggest causes of death and disability.

It costs our health services billions of pounds each year. And after decades of progress in reducing CVD mortality, there has recently been a significant slowdown in improvement.

At this patient case-based workshop you will have the opportunity to discuss practical implementation of relevant guidelines on the detection and management of high-risk cardiovascular conditions, with the goal of improving quality of care for patients at risk of CV events.

British Heart Foundation Heart Statistics Factsheet UK. December 2019.

British Heart Foundation.

<https://www.bhf.org.uk/what-we-do/news-from-the-bhf/news-archive/2019/may/heart-and-circulatory-disease-deaths-in-under-75s-see-first-sustained-rise-in-50-years>

This programme will be led by Professor Ahmet Fuat and Professor Michael Norton

Your Learning Agenda...

Part 1. Improving protection from cardiovascular disease

- ▶ The burden of CVD and NHS ambitions
- ▶ Optimising primary prevention through lifestyle modification and medical therapy

Part 2. Secondary prevention of CVD

- ▶ Familial hypercholesterolemia and optimising lipid lowering strategies
- ▶ Supporting medication adherence

Part 3. Enhancing vascular protection

- ▶ The burden of chronic coronary disease
- ▶ New approaches to reducing the risk of atherothrombotic events

Part 4. Interpreting ECGs in primary practice

- ▶ Recording and interpreting ECGs

Part 5. Optimising stroke prevention in NVAf – what is your role?

- ▶ Detecting and diagnosing atrial fibrillation
- ▶ The burden of disease and current management approaches
- ▶ ‘Detect, protect, perfect’

Part 6. Practical considerations

- ▶ Referral considerations
- ▶ Initiating and managing anticoagulation
- ▶ Mitigating the risk and managing the fear of bleeding

Programme ...

COURSE CODE 1297

- 09:00 – 09:30am Registration and refreshments
- 09:30 – 11:00am Improving protection from cardiovascular disease
Secondary prevention of CVD
Enhancing vascular protection
Interpreting ECGs in primary practice
- 11:00 – 11:30am Coffee break
- 11:30 – 1:00pm Optimising Stroke prevention in NVAf – what is your role?
Practical Considerations
- 1:00pm Conference closes

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Bayer medicinal product(s) will be discussed and relevant prescribing information(s) will be available at the meeting

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