

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

At this event:

- Listen to Key Local and National Speakers
- Update your knowledge of Cardiovascular Disease and Lipid Management
- Receive a Certificate for your Appraisal Portfolio

Saturday 16th November 2019

**Grand Hotel Blackpool
North Promenade,
Blackpool FY1 2JQ**

Meet the Speakers...

Dr Handrean Soran

Dr Handrean Soran is Consultant Physician and Endocrinologist & Honorary Senior Lecturer at Manchester University Trust. He has a specialist interest in lipidology, atherosclerosis, cardiovascular risk, parathyroid, calcium and bone metabolism. He provides a tertiary centre service for lipoprotein disorders, as well as calcium and metabolic bone diseases. His research work is mainly focused on cardiovascular risk, low-density lipoprotein (LDL) quality, high-density lipoprotein (HDL) functionality, micro- and macro-vascular complications of diabetes & obesity and the effect of metabolic surgery induced weight loss as well as pharmacological agents on these complications. Dr Soran is on the editorial board of Atherosclerosis Journal. Dr Soran authored more than 130 peer reviewed publications and a number of book chapters.

Dr Soran leads cardiovascular and trials team and Lipid Research group at Manchester University NHS Trust and Lipoprotein Research Group at University of Manchester. He acted as the UK chief investigator for more than 15 multicentre clinical trials and principal investigator for more than 25 multicentre clinical trials and studies. He also acted as a member of the steering committee of many large multinational randomised control trials.

He successfully supervised many MD and PhD students and currently has one MD and four PhD students. Dr Soran Leads Manchester Endocrinology and Diabetes Specialty Certificate Examination (SCE) course which attracts many national and international delegates. He also organises annual UK Lipid Forum and North West Endocrinology and Atherosclerosis update symposiums. Each of these annual symposiums attracts 120-150 delegates across United Kingdom.

Dr Soran is the Chair of HEART UK's medical, scientific and research committee, co-chair of the National Familial Hypercholesterolemia task force in UK and a member of UK lipoprotein apheresis committee. He also served as President of the Lipid and Vascular Section of the Royal Society of Medicine and remains a member of the section's council.



Dr Gavin Galasko BM BCh MA DM (Oxon) FRCP

Consultant Interventional Cardiologist

Clinical interests: Angina and stable chest pain, Acute Coronary Syndrome Management, Complex Coronary Intervention and Stents, Primary PCI procedures for STEMI, Arrhythmia Management, Dyslipidaemia, Echocardiography, Heart Failure, Hypertension, Non-invasive imaging, Nuclear Cardiology, Cardiac Syndrome X, Cardiac Physiology

Cardiology Research

Current memberships of professional national and regional bodies:
British Cardiovascular Society (BCS)
British Cardiovascular Intervention Society (BCIS)
Fellow of the Royal College of Physicians (FRCP)

I am the Consultant on call for Cardiology on a one-in-nine rota, undertaking primary PCI procedures as part of our regional 24/7 primary PCI service. I undertake approximately 300-400 diagnostic angiograms and approximately 150-200 coronary interventional procedures per year, including 70-80 primary PCI procedures. I undertake complex PCI procedures including left main stem, bifurcation and CTO cases. My MACE rates have always been below mean expected rates, according to BCIS data. Over 90% of my PCI procedures are undertaken via the radial route according to BCIS data.

I have a particular interest in Cardiac Physiology and have set up novel measures of cardiac ischaemia in the cath lab including measurements of coronary flow reserve, the index of microvascular resistance and the instantaneous wave-free ratio. I have presented research on these topics at a number of national cardiology meetings in the past 2 years. I have also set up a research project to look at the genetics of clopidogrel resistance, correlating this with platelet function testing for patients taking clopidogrel.



Programme and Learning Agenda ...



An Amgen Funded Educational Meeting Series

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

A practical guide to managing lipids in 2019

- ▶ Refresher on lipoproteins, lipid metabolism, testing lipids
- ▶ Causal role of LDL-C in CVD
- ▶ Evidence from Statins of role of LDL-C lowering
- ▶ New therapies (PCSK9i) and associated NICE guidance
- ▶ Identifying FH and high risk patients
- ▶ When and who to refer
- ▶ Take home message: What you can do on Monday to enhance your patient care

Preventing Cardiovascular disease: An update

- ▶ Latest data, guidelines and management of CVD.
- ▶ Top line focussing on what GP really needs to know, any recent advances/evidence in CVD space (Covering: Ischaemic Heart Disease and ACS, assessing CV risk)
- ▶ A cardiologist's perspective
- ▶ Take home message: What you as a GP can do on Monday to enhance your patient care

Programme ...

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1: A practical guide to managing lipids in 2019
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2: Preventing Cardiovascular disease: An update
1:00pm	Conference close

In conjunction with MediConf, this meeting has been organised and fully funded by Amgen. This meeting will contain promotional content.

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