

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

At this event:

- Listen to Key Local and National Speakers
- Update your knowledge of Cardiovascular Disease and Lipid Management
- Receive a Certificate for your Appraisal Portfolio

Saturday 23rd November 2019

**The Conference Centre at LACE
Croxteth Drive, Sefton Park,
Liverpool L17 1AA**

Meet the Speakers...

Dr Vinita Mishra

Consultant Chemical Pathologist
Department of Clinical Biochemistry & Metabolic Medicine
Royal Liverpool & Broadgreen University Hospital NHS Trust
Liverpool,
Training Programme Director
Chemical Pathology/Metabolic Medicine
Health Education England North West



Dr Joe Mills Consultant

Cardiologist Liverpool Heart and Chest Hospital.
Area of Practice: Cardiology - general (tertiary & community based) and interventional (tertiary)
Special Clinical Interests: • Primary PCI • Advanced life support training and education
• Transcatheter Aortic Valve Implantation (TAVI) • Primary and Secondary prevention of CVD
• GP and Primary Care CVD education

Research Interests:

I am national P.I for two trials at present: The SMARTVIEW trial (looking at wearable technology in hospital and home-based monitoring, in older patients after cardiac surgery); and The SURPASS study (examining real world performance/outcomes of a new TAVI valve);

I am local P.I for the VISION CARDIAC trial (recruitment ongoing)

I am local P.I for the AUGUSTUS and COMPLETE trials (both trials have finished recruitment)

Also, extensive research and publications in the field of cardiometabolic risk and premature CHD

Regional and National Responsibilities:

I am the UK National CVD Prevention Co-Ordinator (affiliated role between the British Cardiovascular Society and the European Society of cardiology)

I am Cardiac Lead for the North-West Coast clinical networks

I am immediate Past-President of the British Association for Cardiovascular Prevention & Rehabilitation (BACPR)

Current Membership of Professional Regional and National Bodies:

• BCS • BCIS • BMA • Primary Care Cardiovascular Society



Programme and Learning Agenda ...



An Amgen Funded Educational Meeting Series

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

A practical guide to managing lipids in 2019

- ▶ Refresher on lipoproteins, lipid metabolism, testing lipids
- ▶ Causal role of LDL-C in CVD
- ▶ Evidence from Statins of role of LDL-C lowering
- ▶ New therapies (PCSK9i) and associated NICE guidance
- ▶ Identifying FH and high risk patients
- ▶ When and who to refer
- ▶ Take home message: What you can do on Monday to enhance your patient care

Preventing Cardiovascular disease: An update

- ▶ Latest data, guidelines and management of CVD.
- ▶ Top line focussing on what GP really needs to know, any recent advances/evidence in CVD space (Covering: Ischaemic Heart Disease and ACS, assessing CV risk)
- ▶ A cardiologist's perspective
- ▶ Take home message: What you as a GP can do on Monday to enhance your patient care

Programme ...

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1: A practical guide to managing lipids in 2019
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2: Preventing Cardiovascular disease: An update
1:00pm	Conference close

In conjunction with MediConf, this meeting has been organised and fully funded by Amgen. This meeting will contain promotional content.

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