

Additional Content in the form of a Sponsored Symposium by Bayer on Testosterone Deficiency in Men with Type 2 Diabetes

Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop:
Assessing Risk; Appropriate Intervention; Effective Communication

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for
4 hours CPD**

Saturday 7th December 2019

**Golden Jubilee Conference Hotel
Beardmore Street, Clydebank, Glasgow G81 4SA**

Introducing your speaker

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

Meet the Speakers ...

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



Mr Michael Fraser

Michael is a consultant Andrologist, based at Glasgow Royal Infirmary. He has worked in urology in Glasgow for 15 years, having gained his primary medical qualification in Aberdeen and his specialist training in urology in Yorkshire before returning to Scotland in 2002.

Michael consults privately for men's health and urology issues at the Nuffield Health Glasgow Hospital, where his main clinical interests are the management of Peyronie's disease, the surgical treatment of erectile dysfunction and the management of penile cancer. His unit is the major centre in Scotland for the implantation of penile prostheses, and is now one of the high volume centres in the U.K. for this specialised service. Michael developed this specialisation under the mentorship of two of the world's leading andrologists, Mr Ian Eardley from Leeds and Dr Steve Wilson from the U.S. He now receives referrals from all over Scotland and beyond for complex functional penile surgery.

Michael has been delighted to see an upsurge in the interest in the area of men's health, with greater interest and awareness than ever in prostate disease and erectile dysfunction in particular. Men's health, as an entity, remains poorly provided for and Michael's vision is one of an all-inclusive service to address the common health and lifestyle issues faced by men today. Michael has recently served a four year term on the Executive Committee of the Andrology section of the British Association of Urological Surgeons (BAUS) and is an active member of the European Society For Sexual Medicine (ESSM).



Your Learning Agenda ...

Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

Learning Outcomes

Following this session, delegates will be able to:

- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

Programme ...

8.45-9.15am Registration, Coffee and Exhibition

9.15-10.00am **Mr Michael Fraser - Testosterone deficiency (TD) in men with type II diabetes - an underestimated link!** Highlighting the importance and the benefits of managing hypogonadism with testosterone replacement therapy (TRT) in this patient group



This promotional symposium is part of the Men's Health Matters Educational Programme that is organised and fully funded by Bayer.

10.00 - 11.30am **Diabetes Management - Part 1**

- 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance
- Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk

11.30 - 12.00am **Coffee, Biscuits and Exhibition**

12.00 - 1.30pm **Diabetes Management - Part 2**

- Cases: Assessing Risk; Appropriate Intervention; Effective Communication

1.30pm

Meeting closes

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