

Additional Content in the form of a Sponsored Symposium by Bayer on Testosterone Deficiency in Men with Type 2 Diabetes

Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop:
Assessing Risk; Appropriate Intervention; Effective Communication

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for
4 hours CPD**

Saturday 30th November 2019

**Manchester Conference Centre
Sackville Street, Manchester M1 3BB**

Introducing your speaker

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

Meet the Speakers ...

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



Dr Jonny Coxon BM BCh MA (Oxon) MD MRCS MRCGP DRCOG FECSM

Dr Coxon qualified in 1997, at Oxford University. He has been a GP partner in Brighton since 2009. He had previously pursued a Urology career, mainly based around St George's Hospital in London, where he also acquired his MD degree through some prostate cancer research, working in a research unit also involved in sexual function issues. He has maintained this interest in sexual function and Urology (including prostate disease).

He has also completed an extensive training programme under the European School of Sexual Medicine, and acquired his Fellowship of the European Committee of Sexual Medicine (FECSM) qualification. Both of these stand him in good stead to continue to address issues of sexual function in both men and women.

He is a Trustee of the Sexual Advice Association, and is Secretary of the Primary Care Urological Society. He sits on the committees of the British Society of Sexual Medicine and the Primary Care Testosterone Advisory Group, and on the editorial board for the journal Trends in Urology & Men's Health.



Your Learning Agenda ...

Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

Learning Outcomes

Following this session, delegates will be able to:

- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

Programme ...

8.45-9.15am Registration, Coffee and Exhibition

9.15-10.00am **Dr Jonny Coxon - Testosterone deficiency (TD) in men with type II diabetes - an underestimated link!** Highlighting the importance and the benefits of managing hypogonadism with testosterone replacement therapy (TRT) in this patient group



This promotional symposium is part of the Men's Health Matters Educational Programme that is organised and fully funded by Bayer.

10.00 - 11.30am **Diabetes Management - Part 1**

- 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance
- Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk

11.30 - 12.00am **Coffee, Biscuits and Exhibition**

12.00 - 1.30pm **Diabetes Management - Part 2**

- Cases: Assessing Risk; Appropriate Intervention; Effective Communication

1.30pm

Meeting closes

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