

**New  
Programme  
for 2019**

# Respiratory Update 2019

## All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for  
3 hours CPD**

## Saturday 9th November 2019

**Cardiff School of Management, Llandaff Campus  
Cardiff Metropolitan University, Western Avenue,  
Cardiff CF5 2YB**

Introducing your speaker

**Dr Steve Holmes** MMedSci, MBChB, FRCGP

GP, Shepton Mallet, Somerset

Clinical Respiratory Lead, Somerset CCG

Education Lead, Primary Care Respiratory Society UK

Associate Postgraduate Dean, Health Education England (Severn)

## Meet the Speaker ...

### Dr Steve Holmes MMedSci, MBChB, FRCGP



Steve has worked as a general practitioner partner since 1989, spending 13 years in a rural practice on the Lancashire / Yorkshire border before moving to his current practice in Shepton Mallet in 2002. Steve has combined a four "GP" clinical sessions per week with a portfolio career which has resulted in a lot of saying yes to opportunities and projects.

Steve is a previous chair of the Primary Care Respiratory Society UK and is the current education lead for PCRS. He was involved in the British Asthma Guidelines (BTS/SIGN) between 2005 – 2014 and was a member of the BTS Specialist Advisory Group on asthma from 2011 – 2017. He has been involved at a national, regional and local respiratory commissioning level – and has been involved in the UK Lung Cancer Coalition, BTS Mesothelioma and BTS Air Travel group.

Steve became a GP trainer in 1991 and continues in this role currently. He has been involved in postgraduate GP training including roles as GP and CCG tutor, Course Organiser and has been an Associate Postgraduate Dean since 2008.

He has been involved at a senior level in GP appraisal since 2002, continuing as a GP appraiser but stepping down as a Senior Appraiser for NHS England in 2016. Steve has supported his local faculty since 2002 and has been a member of the RCGP College Council since 2008.

He has been involved in a wide range of respiratory educational initiatives for generalists and specialists both medical and nursing and has undertaken work with more than eight universities.

Steve has had a long standing interest in communication skills in clinical care and quality improvement practice. He taught nationally on quality improvement methods for the Improvement Foundation for 6 years. He has also been involved in communication skills training for more than 20 years.

He has published more than 200 peer reviewed articles, is a reviewer for more than 10 active peer reviewed journals and amongst other things has been involved in the NIHR (UK), advising the Canadian government on respiratory research funding, teaching in Bangladesh, and lecturing in many parts of Europe/USA.

Throughout this he remains a clinician; passionate about the values of good primary care, continually developing the quality of clinical care, and providing holistic care for patients and their families from cradle to grave. He continues to believe that the fundamental quality of care and outcomes are based in general practice though supported by more specialist colleagues.

He is married with two adult children and an older springer spaniel. He manages to get time to enjoy family holidays (mainly in Italy), walking and running (up to half marathon distance), watching rugby when the opportunity allows and playing the guitar or piano badly!

## Your Learning Agenda ...

This study morning is designed to provide generalists with a key clinical update on respiratory topics. It will highlight important clinical aspects from some of the latest guidelines, research and evidence as well as concentrating on practical clinical tips – and avoiding pitfalls.

It is designed for general practitioners and other clinicians responsible for respiratory care in their practice or community. It will not cover a lot of policy, national directives and strategic papers, nor will it cover lots of graphs and confidence intervals – concentrating on “clinical stuff” for clinicians.

If you have been before – the pace will remain quick, the coverage will be emphasising changes in clinical practice but will continue to rapidly reinforce best practice that has not changed.

### Key Topics in 2019

#### Asthma 2019

- ▶ Diagnosis and how this relates to new guidelines and clinical practice in a busy work environment
- ▶ Treatment update (stepping up and down maintenance therapy and acute management); non pharmacological areas.
- ▶ Hazards of short acting beta agonist therapy
- ▶ Asthma, exercise and breathlessness

#### COPD 2019

- ▶ Accurate diagnosis in COPD and new guidelines update
- ▶ Treatment update (maintenance therapy (including stepping up and down therapy levels) and acute management (including self management packs)

#### Hot Topics 2019

Hot topics are designed to be exactly that – new issues or important areas that are topical and relevant in clinical practice – they will be a variety of lengths but designed to be quick interesting and useful in the workplace.

#### Topics including

- ▶ Smoking and e-cigarettes latest news
- ▶ Basics of inhaler device technique
- ▶ Seasonal topic: Allergic rhinitis or influenza immunisation
- ▶ Antibiotics in respiratory care update
- ▶ Air Travel
- ▶ Latest tips for the diagnosis / management of important respiratory conditions

## Programme ...

09.00 - 09.30am	<b>Registration, Coffee and Exhibition</b>
09.30 - 11.00am	<b>Respiratory Update Part 1</b>
11.00 - 11.30am	<b>Coffee, Biscuits and Exhibition</b>
11.30 - 1.00pm	<b>Respiratory Update Part 2</b>
1.00pm	<b>Conference Closes</b>

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