

Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop: Assessing Risk; Appropriate Intervention; Effective Communication

Saturday 12th October 2019

John Innes Conference Centre
Norwich Research Park, Norwich NR4 7UH

Introducing your speaker

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for
3 hours CPD**

Meet the Speaker ...

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.



He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



PRACTICE DIRECTORY AND

FREE CLASSIFIED ADVERTISING SERVICE

- Directory of Products and Services for GP Practices
- Free Service for GP Locums and Practices
- Free Practice Classified Ads



Simply go to: www.mediconf.co.uk and click on the **Login** button to register



Your Learning Agenda ...

Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

Learning Outcomes

Following this session, delegates will be able to:

- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

Programme ...

09.00 - 09:30am	Registration, Coffee and Exhibition
09.30 - 11.00am	Diabetes Management - Part 1 <ul style="list-style-type: none"> • 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance • Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk
11.00 - 11.30am	Coffee, Biscuits and Exhibition
11.30 - 1.00pm	Diabetes Management - Part 2 <ul style="list-style-type: none"> • Cases: Assessing Risk; Appropriate Intervention; Effective Communication
1.00pm	Meeting closes

Book online at www.medicconf.co.uk • We do not take bookings over the phone

Please note that all confirmations will be sent to you via email ONLY acknowledging your place, candidate registration number and other essential information.

MediConf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

The data collected on this form is used to process your booking request. For more information, please refer to our privacy policy which can be found at www.medicconf.co.uk where you may also find further information about processing of personal data and your rights. If you need any further information please contact the Data Processing Manager: Janet Poyner E. janet@medicconf.co.uk

For a full list of our booking terms and conditions please visit our website: www.medicconf.co.uk

IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office

**MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
 T. 01253 712894 | W. www.medicconf.co.uk | E. rebecca@medicconf.co.uk**