

Additional Content in the form of a Sponsored Symposium by Bayer on Testosterone Deficiency in Men with Type 2 Diabetes

## Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop:  
Assessing Risk; Appropriate Intervention; Effective Communication

### Saturday 29th June 2019

The Conference Centre at LACE  
Croxteth Drive, Sefton Park, Liverpool L17 1AA

Introducing your speaker

**Mr Paul Dromgoole** RGN, RNMH, MSc Diabetes, PGCE  
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

#### All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for  
4 hours CPD**

### Meet the Speakers ...

#### Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



#### Mr Marc Lucky

Mr Lucky is a Urologist and Andrological surgeon with extensive experience in male infertility. He is one of very few surgeons specialising in andrological surgery. Mr Lucky undertook a fellowship in male infertility, andrology, genital oncology and reconstructive surgery at University College Hospital, London.

Mr Lucky has multiple publications in the field of urology and andrology and has presented internationally. He teaches at the Royal College of Surgeons of England and has qualified from the University of Dundee in medical education.

A member of the British Association of Urology Andrology Executive committee, Mr Lucky's area of expertise include management of: male factor infertility, Peyronie's disease, erectile dysfunction, penis implant procedures, complex circumcision, sexual dysfunction and hypogonadism.



## Your Learning Agenda ...

### Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

### Learning Outcomes

Following this session, delegates will be able to:

- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

### Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

## Programme ...

8.45-9.15am Registration, Coffee and Exhibition

9.15-10.00am Mr Marc Lucky - Testosterone deficiency (TD) in men with type II diabetes - an underestimated link! Highlighting the importance and the benefits of managing hypogonadism with testosterone replacement therapy (TRT) in this patient group



This promotional symposium is part of the Men's Health Matters Educational Programme that is organised and fully funded by Bayer.

10.00 - 11.30am Diabetes Management - Part 1

- 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance
- Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk

11.30 - 12.00am Coffee, Biscuits and Exhibition

12.00 - 1.30pm Diabetes Management - Part 2

- Cases: Assessing Risk; Appropriate Intervention; Effective Communication

1.30pm

Meeting closes

Book online at [www.mediconf.co.uk](http://www.mediconf.co.uk) • We do not take bookings over the phone

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