

**New
Programme
for 2019**

Women's Health Update 2019

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for
3 hours CPD**

Saturday 22nd June 2019

**Cardiff School of Management
Llandaff Campus, Cardiff Metropolitan University,
Western Avenue, Cardiff CF5 2YB**

Introducing your speaker

Diana Mansour, MBBCH, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Health Care
Head of Clinical Service, Sexual Health at Newcastle upon Tyne Hospitals
NHS Foundation Trust
Associate Clinical Lecturer, Newcastle University

Meet the Speaker ...

Diana Mansour, MBBCH, FRCOG, FFSRH, DIPM



Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare and Head of Clinical Service for Sexual Health in Newcastle upon Tyne, UK.

She has been an Associate Clinical Lecturer at Newcastle University since 1997. In addition Dr Mansour is Senior Vice President at the Faculty of Sexual and Reproductive Healthcare, UK. Diana is the Lead Officer for FSRH Clinical Effectiveness Committee, the Clinical Standards Committee, the Clinical Study's Group and FSRH Journal.

Dr Mansour was the first accredited subspecialty trainee in Community Gynaecology and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. She is first author to over 80 peer-reviewed publications and has most recently published in Contraception and the BMJ SRH. She co-wrote 'Contraception Made Easy' with Dr Laura Percy for those working in primary care.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, changes in health service provision, medical management of heavy menstrual bleeding, management of the menopause.



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Your Learning Agenda ...

Contraception and Women's Health issues

Managing contraception and women's health problems in primary care using case-based discussions and up to date, evidence-based medicine.

This will include:

- ▶ Vulval discomfort and pain with sex - a consultation challenge
- ▶ Problematic vaginal discharge - physiological or pathological
- ▶ Heavy, intermenstrual, post coital and infrequent bleeding - when to investigate, when to refer?
- ▶ PMS and menopause matters - primary care are the specialists
- ▶ Ovarian cysts - a common occurrence but when should they be taken seriously?
- ▶ Commonly occurring problems related to contraceptive methods and what's new?

Programme ...

09.00 - 09.30am	Registration, Coffee and Exhibition
09.30 - 11.00am	Women's Health Update Part 1
11.00 - 11.30am	Coffee, Biscuits and Exhibition
11.30 - 1.00pm	Women's Health Update Part 2
1.00pm	Conference Closes

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