

Additional Content in form of a Sponsored Symposium by Bayer on Testosterone Deficiency in Men with Type 2 Diabetes

Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop:
Assessing Risk; Appropriate Intervention; Effective Communication

Saturday 18th May 2019

Novotel Southampton

1 West Quay Road, Southampton SO15 1RA

Introducing your speaker

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for
4 hours CPD

Meet the Speakers ...

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



Mr Rowland Rees

Rowland qualified in Medicine in 1995 at Barts and The London Hospital school of Medicine, taking an intercalated degree in Physiology with 1st Class Hons.

Following A&E at the Royal London, he then underwent general surgical training at St George's and the Royal Marsden Hospitals, London, Urology training on the Wessex Urological training programme, and a sub-specialist Fellowship in Andrology & genito-urethral surgery at the Institute of Urology in London.

Following a year as locum consultant at UCLH, and 4 years as Consultant general urologist at Winchester, Rowland moved to University Hospital Southampton in 2013 to set up a regional Andrology service for the central south coast area of England.

Rowland is secretary of the BAUS section of Andrology and Genito-urethral surgery, is actively involved in the teaching and training of surgeons in the UK and abroad, and is an internationally invited speaker in the field of Andology. He has published and presented extensively in the field.



Your Learning Agenda ...

Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

Learning Outcomes

Following this session, delegates will be able to:

- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

Programme ...

8.45-9.15am Registration, Coffee and Exhibition

9.15-10.00am **Mr Rowland Rees - Testosterone deficiency (TD) in men with type II diabetes - an underestimated link!** Highlighting the importance and the benefits of managing hypogonadism with testosterone replacement therapy (TRT) in this patient group



This promotional symposium is part of the Men's Health Matters Educational Programme that is organised and fully funded by Bayer.

10.00 - 11.30am **Diabetes Management - Part 1**

- 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance
- Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk

11.30 - 12.00am **Coffee, Biscuits and Exhibition**

12.00 - 1.30pm **Diabetes Management - Part 2**

- Cases: Assessing Risk; Appropriate Intervention; Effective Communication

1.30pm

Meeting closes

Book online at www.medicconf.co.uk • We do not take bookings over the phone

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