

# Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

## At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Cardiovascular events in primary care
- Opportunity to engage in cross collaborative dialogue with national experts in CV medicine
- Receive a Certificate for your Appraisal Portfolio

**Saturday 18th May 2019**  
9.00am – 1.00pm

**Royal Society of Medicine**  
1 Wimpole Street,  
London W1G 0AE

## Meet the Speakers ...

### Dr Chris Arden

Chris Arden is a GP near Winchester, Hampshire. He also works in community cardiac clinics in Southampton and Winchester as a GPSI in cardiology, assessing patients with suspected heart failure, atrial fibrillation, palpitations, hypertension and valvular heart disease.

The community cardiac service provides echocardiography, ambulatory ECG, blood pressure and event recorder monitoring; receiving consultant mentorship support from secondary care and working in partnership with specialist heart failure and cardiac rehabilitation nursing colleagues.

He does a weekly stress echo clinic at Southampton General Hospital and has BSE accreditation in echocardiography.

Chris Arden is Editor in Chief of the Primary Care Cardiovascular Journal, a member of the Primary Care Cardiovascular Society, British Society of Echocardiography, British Society of Heart Failure and British Heart Valve Society. He is on the editorial board of the British Journal of Cardiology.



### Dr Yassir Javaid MBBChir MA MRCP MRCGP

#### Cardiovascular lead Nene CCG

#### Primary Care Cardiovascular lead, East Midlands Strategic Clinical Network

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was named Pulse "GP of the Year" in 2015 for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society, accredited member of the British Society of Echocardiography and on the editorial board for the British Journal of Cardiology.



## Your Learning Agenda ...

**COURSE CODE 1124**

### Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

Around 7 million people in the UK live with the burden of cardiovascular disease (CVD).

CVD remains one of the biggest causes of death and disability in the UK, costing health services billions of pounds each year and despite significant successes in reducing CVD mortality, it remains a major contributor to premature death and health inequality<sup>1</sup>.

This practical case-based workshop will not only help simplify the approach to identify patients with atrial fibrillation and associated risk factors and how to manage them in day to day clinical practice but also work towards improving the quality of care for patients with diagnosed CVD conditions to reduce their risk.

**This programme will be led by Dr Chris Arden and Dr Yassir Javaid**

#### Your Learning Agenda...

##### Part 1: Your role in optimising stroke prevention in Non Valvular AF:

- ▶ Why is an AF-related stroke so devastating and the unmet need?
- ▶ How to identify your high risk patient and appropriate treatment for the right patient
- ▶ Practical Considerations in every day practice

##### Part 2: Your role in optimising secondary prevention in patients with stable Coronary Artery Disease

- ▶ Interactive case based session
- ▶ The myth of the stable patient
- ▶ Reducing risk through lifestyle choices, treatments and when to refer

#### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1 - Your role in optimising stroke prevention in NVAf patients
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2 - Your role in optimising secondary prevention in patients with stable Coronary Artery Disease
1:00pm	Conference closes

1. <https://www.bhf.org.uk/for-professionals/healthcare-professionals/commissioning-and-services/the-cvd-challenge> accessed 3/11/2018

Book online at <https://www.medicconf.co.uk/Event-Details-Preview.aspx?id=1143>

**WE DO NOT TAKE BOOKINGS OVER THE PHONE. Please note that all confirmations will be sent to you via email ONLY acknowledging your place, candidate registration number and other essential information.**

MediConf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

The data collected on this form is used to process your booking request. For more information, please refer to our privacy policy which can be found at <https://www.medicconf.co.uk/Profile.aspx> where you may also find further information about processing of personal data and your rights. If you need any further information please contact the Data Processing Manager: Janet Poyner E. [janet@mediconf.co.uk](mailto:janet@mediconf.co.uk)

If you book to attend this event, your personal data (name, professional title, work address) will be provided to the meeting sponsor, Bayer plc, who will use your personal data for the purposes of customer relationship management and record-keeping in accordance with compliance requirements. Bayer is an independent data controller of your personal data for these purposes. For more information on how Bayer holds your personal data, please see Bayer's privacy policy at <http://www.bayer.co.uk/en/bayer-meetings-privacy-statement.php>

For a full list of our booking terms and conditions please visit our website: [www.medicconf.co.uk](http://www.medicconf.co.uk)

**IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office**

**MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR  
T. 01253 712894 | W. [www.medicconf.co.uk](http://www.medicconf.co.uk) | E. [rebecca@mediconf.co.uk](mailto:rebecca@mediconf.co.uk)**

Bayer medicinal product(s) will be discussed and relevant prescribing information(s) will be available at the meeting

RP-XAR-GB-0254 | Date of Preparation: February 2019 • In conjunction with MediConf, this meeting has been organised and fully funded by Bayer