

# Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

## At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Cardiovascular events in primary care
- Opportunity to engage in cross collaborative dialogue with national experts in CV medicine
- Receive a Certificate for your Appraisal Portfolio

## Saturday 11th May 2019

9.00am – 1.00pm

**Jurys Inn Middlesbrough**  
**Fry Street,**  
**Middlesbrough TS1 1JH**

## Meet the Speakers ...

### Professor Ahmet Fuat PhD FRCGP FRCP (London) FRCP (Edinburgh) PGDIP Cardiology

**GP Specialist in cardiology and Honorary Professor of Primary Care Cardiology in the School of Medicine, Pharmacy and Health, Durham University, UK.**

Professor Ahmet Fuat has been awarded an Honorary Chair in Primary Care Cardiology from the School of Medicine, Pharmacy and Health at Durham University. As well as being a GP appraiser, The North East and North Cumbria Clinical Research Network Primary Care Lead and Primary Care Trust Cardiology Lead, Professor Fuat is a GP Specialist in cardiology and, for 15 years, has run an integrated heart failure service across primary and secondary care.

Holding a PhD from Durham University, he is an active researcher and educator in cardiology. Professor Fuat is a member of the Primary Care Cardiovascular Journal and British Journal of Cardiology Editorial Boards and has been instrumental in reviving the Primary Care Cardiovascular Society (PCCS), for which he is the elected President.



### Professor Michael Norton

Professor Norton is a Community Cardiologist based in Sunderland and a Visiting Professor at the University of Sunderland. He is also Head of Department at the Falls & Syncope Service in Newcastle's Royal Victoria Infirmary.

On completing his hospital training, Michael then trained in general practice on the Northumbria Vocational Training Scheme.

He served as an elected council member of the Primary Care Cardiovascular Society from 2010-2012 and has previously held a seat on the UK Stroke Forum Steering Committee. Michael is a founding member and director of the CVGP (The Society for Healthcare Professionals with a Cardiovascular Interest in General Practice).

His clinical interests include atrial fibrillation, heart failure, erectile dysfunction, cardiovascular disease prevention, out of hospital cardiac arrest and neurocardiovascular syncope.



## Your Learning Agenda ...

**COURSE CODE 1117**

### Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

Around 7 million people in the UK live with the burden of cardiovascular disease (CVD).

CVD remains one of the biggest causes of death and disability in the UK, costing health services billions of pounds each year and despite significant successes in reducing CVD mortality, it remains a major contributor to premature death and health inequality<sup>1</sup>.

This practical case-based workshop will not only help simplify the approach to identify patients with atrial fibrillation and associated risk factors and how to manage them in day to day clinical practice but also work towards improving the quality of care for patients with diagnosed CVD conditions to reduce their risk.

**This programme will be led by Professor Ahmet Fuat and Professor Michael Norton**

#### Your Learning Agenda...

##### Part 1: Your role in optimising stroke prevention in Non Valvular AF:

- ▶ Why is an AF-related stroke so devastating and the unmet need?
- ▶ How to identify your high risk patient and appropriate treatment for the right patient
- ▶ Practical Considerations in every day practice

##### Part 2: Your role in optimising secondary prevention in patients with stable Coronary Artery Disease

- ▶ Interactive case based session
- ▶ The myth of the stable patient
- ▶ Reducing risk through lifestyle choices, treatments and when to refer

#### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1 - Your role in optimising stroke prevention in NVAf patients
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2 - Your role in optimising secondary prevention in patients with stable Coronary Artery Disease
1:00pm	Conference closes

1. <https://www.bhf.org.uk/for-professionals/healthcare-professionals/commissioning-and-services/the-cvd-challenge> accessed 3/11/2018

Book online at <https://www.medicconf.co.uk/Event-Details-Preview.aspx?id=1136>

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Bayer medicinal product(s) will be discussed and relevant prescribing information(s) will be available at the meeting

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