

# Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

## At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Cardiovascular events in primary care
- Opportunity to engage in cross collaborative dialogue with national experts in CV medicine
- Receive a Certificate for your Appraisal Portfolio

**Saturday 11th May 2019**  
9.00am – 1.00pm

**Cardiff School of Management  
Llandaff Campus,  
Cardiff Metropolitan University  
Western Avenue, Cardiff CF5 2YB**

## Meet the Speakers ...

### Dr Chris Arden

Chris Arden is a GP near Winchester, Hampshire. He also works in community cardiac clinics in Southampton and Winchester as a GPSI in cardiology, assessing patients with suspected heart failure, atrial fibrillation, palpitations, hypertension and valvular heart disease.

The community cardiac service provides echocardiography, ambulatory ECG, blood pressure and event recorder monitoring; receiving consultant mentorship support from secondary care and working in partnership with specialist heart failure and cardiac rehabilitation nursing colleagues.

He does a weekly stress echo clinic at Southampton General Hospital and has BSE accreditation in echocardiography.

Chris Arden is Editor in Chief of the Primary Care Cardiovascular Journal, a member of the Primary Care Cardiovascular Society, British Society of Echocardiography, British Society of Heart Failure and British Heart Valve Society. He is on the editorial board of the British Journal of Cardiology.



### Dr Jim Moore

Dr Moore is a GP and a General Practitioner with Special Interest in Heart Failure in Gloucestershire.

He has maintained an interest in cardiology and cardiovascular disease throughout his medical career, particularly those aspects that are relevant to Primary Care.

He was Clinical Lead for the West of England AHSN "Don't wait to anticoagulate" project. He was a member of the NICE Chronic Heart Failure Guideline Committee 2018 and is a current member of both the Primary Care Cardiovascular Society Board and the National Heart Failure Audit Domain Expert Group.



## Your Learning Agenda ...

**COURSE CODE 1114**

### Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

Around 7 million people in the UK live with the burden of cardiovascular disease (CVD).

CVD remains one of the biggest causes of death and disability in the UK, costing health services billions of pounds each year and despite significant successes in reducing CVD mortality, it remains a major contributor to premature death and health inequality<sup>1</sup>.

This practical case-based workshop will not only help simplify the approach to identify patients with atrial fibrillation and associated risk factors and how to manage them in day to day clinical practice but also work towards improving the quality of care for patients with diagnosed CVD conditions to reduce their risk.

**This programme will be led by Dr Chris Arden and Dr Jim Moore**

#### Your Learning Agenda...

##### Part 1: Your role in optimising stroke prevention in Non Valvular AF:

- ▶ Why is an AF-related stroke so devastating and the unmet need?
- ▶ How to identify your high risk patient and appropriate treatment for the right patient
- ▶ Practical Considerations in every day practice

##### Part 2: Your role in optimising secondary prevention in patients with stable Coronary Artery Disease

- ▶ Interactive case based session
- ▶ The myth of the stable patient
- ▶ Reducing risk through lifestyle choices, treatments and when to refer

#### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1 - Your role in optimising stroke prevention in NVAf patients
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2 - Your role in optimising secondary prevention in patients with stable Coronary Artery Disease
1:00pm	Conference closes

1. <https://www.bhf.org.uk/for-professionals/healthcare-professionals/commissioning-and-services/the-cvd-challenge> accessed 3/11/2018

Book online at <https://www.medicconf.co.uk/Event-Details-Preview.aspx?id=1133>

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Bayer medicinal product(s) will be discussed and relevant prescribing information(s) will be available at the meeting

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