

Course is aimed at  
General Practitioners as  
some background  
knowledge assumed

# Understanding Lab Results

## Saturday 16th March 2019

**Golden Jubilee Conference Hotel  
Beardmore Street, Clydebank, Glasgow G81 4SA**

Introducing your speaker

**Dr Ahai Luvai** FRCP Edin, FRCPath

Consultant in Clinical Biochemistry & Metabolic Medicine  
The Newcastle upon Tyne Hospitals NHS Foundation Trust (NuTH)  
Freeman Hospital Newcastle upon Tyne

### All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for  
3 hours CPD**

### Meet the Speaker ...

#### Dr Ahai Luvai FRCP Edin, FRCPath

Dr Luvai is a consultant at The Newcastle upon Tyne Hospitals NHS Foundation Trust (NuTH) based at the Freeman Hospital.

He provides expert support for the diagnosis and management of biochemical clinical problems, advises on appropriate investigations on an individual patient basis and the repertoire provided by the Clinical Biochemistry Department.

He undertakes Lipid and Metabolic clinics at the Royal Victoria Infirmary. He is a member of the Lipid Specialists Advisory Group within the Northern England Strategic Clinical Networks. The group aims to promote evidence based practice in the management of lipid disorders, including FH, raise the profile of Lipid Specialist Services, inform commissioners and influence investment decisions.

He has an interest in reference intervals, performance of clinical decision limits and the impact of biological variation on disease monitoring.



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## Your Learning Agenda ...

- The Kidney**
- ▶ Acute kidney injury
  - ▶ Chronic kidney disease
  - ▶ Clinical proteinuria and the albumin/creatinine ratio
  - ▶ EGFR equations – which one should we be using and why?
  - ▶ Potassium conundrums
- Liver**
- ▶ Interpretation of Abnormal LFTS
  - ▶ NAFLD (Non-alcoholic fatty liver disease)
- Thyroid**
- ▶ Interpretation of Thyroid Function Tests

### Clinical Case Studies

### Interactive questions and Answers

## Programme ...

09.00 - 09.30am	Registration, Coffee and Exhibition
09.30 - 11.00am	Understanding Lab Results Part 1
11.00 - 11.30am	Coffee, Biscuits and Exhibition
11.30 - 1.00pm	Understanding Lab Results Part 2
1.00pm	Conference Closes

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