

# Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions

## At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Cardiovascular events in primary care
- Opportunity to engage in cross collaborative dialogue with national experts in CV medicine
- Receive a Certificate for your Appraisal Portfolio

## Saturday 9th March 2019

9.00am – 1.00pm

**Best Western Premier  
Yew Lodge Hotel  
33 Packington Hill, Kegworth  
Derby DE74 2DF**

## Meet the Speakers ...

### Professor Ahmet Fuat PhD FRCGP FRCP (London) PGDIP Cardiology

**GP Specialist in cardiology and Honorary Professor of Primary Care Cardiology in the School of Medicine, Pharmacy and Health, Durham University, UK.**

Professor Ahmet Fuat has been awarded an Honorary Chair in Primary Care Cardiology from the School of Medicine, Pharmacy and Health at Durham University. As well as being a GP appraiser, The North East and North Cumbria Clinical Research Network Primary Care Lead and Primary Care Trust Cardiology Lead, Professor Fuat is a GP Specialist in cardiology and, for 15 years, has run an integrated heart failure service across primary and secondary care.

Holding a PhD from Durham University, he is an active researcher and educator in cardiology. Professor Fuat is a member of the Primary Care Cardiovascular Journal and British Journal of Cardiology Editorial Boards and has been instrumental in reviving the Primary Care Cardiovascular Society (PCCS), for which he is the elected President.



### Dr Yassir Javaid MBBChir MA MRCP MRCGP

**Cardiovascular lead Nene CCG**

**Primary Care Cardiovascular lead, East Midlands Strategic Clinical Network**

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was named Pulse "GP of the Year" in 2015 for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society, accredited member of the British Society of Echocardiography and on the editorial board for the British Journal of Cardiology.



## Your Learning Agenda ...

### Avoiding Cardiovascular Events in Primary Care - Current Dilemmas and Future Directions



Around 7 million people in the UK live with the burden of cardiovascular disease (CVD).

CVD remains one of the biggest causes of death and disability in the UK, costing health services billions of pounds each year and despite significant successes in reducing CVD mortality, it remains a major contributor to premature death and health inequality<sup>1</sup>.

This practical case-based workshop will not only help simplify the approach to identify patients with atrial fibrillation and associated risk factors and how to manage them in day to day clinical practice but also work towards improving the quality of care for patients with diagnosed CVD conditions to reduce their risk.

**This programme will be led by Professor Ahmet Fuat and Dr Yassir Javaid**

#### Your Learning Agenda...

##### Part 1: Your role in optimising stroke prevention in Non Valvular AF:

- ▶ Why is an AF-related stroke so devastating and the unmet need?
- ▶ How to identify your high risk patient and appropriate treatment for the right patient
- ▶ Practical Considerations in every day practice

##### Part 2: Your role in optimising secondary prevention in patients with stable Coronary Artery Disease

- ▶ Interactive case based session
- ▶ The myth of the stable patient
- ▶ Reducing risk through lifestyle choices, treatments and when to refer

#### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1 - Your role in optimising stroke prevention in NVAf patients
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2 - Your role in optimising secondary prevention in patients with stable Coronary Artery Disease
1:00pm	Conference closes

1. <https://www.bhf.org.uk/for-professionals/healthcare-professionals/commissioning-and-services/the-cvd-challenge> accessed 3/11/2018

Book online at <https://www.medicconf.co.uk/Event-Details-Preview.aspx?id=1110>

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Bayer medicinal product(s) will be discussed and relevant prescribing information(s) will be available at the meeting

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