MediConf UK.LTD
PROMOTING EXCELLENCE IN HEALTH EDUCATION

Heavily Subsidised Study Morning
for GPs and Practice Nurses only £20 inc VAT
Part Funding provided by sponsors exhibition including pharmaceutical companies.
List of sponsors available on the website and on the day programme.

Contraceptive technology:
An update by themes more than by the methods

All Delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for 3 hours CPD

Saturday 9th February 2019

Grand Hotel Blackpool
North Promenade,
Blackpool FY1 2JQ

Introducing your speaker

Professor John Guillebaud
Emeritus Professor of Family Planning
University College London.

Meet the Speaker ...

John Guillebaud - pronounced in 2 syllables "Gil-boe" [a Huguenot name]

is Emeritus Professor of Family Planning and Reproductive Health, University College London (personal Chair since 1992, the world's first in this specialty) and ex Medical Director, Margaret Pyke Centre for Study and Training in Family Planning.

He was born at Buye, Burundi, brought up in Rwanda, Uganda and Kenya, and continues to support sexual and reproductive healthcare professionals in Africa. He features intermittently in the media and also consults, as requested, both internationally (e.g. WHO and the Department for International Development) and nationally, advising inter alia on the regular Guidance documents issued by the Faculty of Sexual and Reproductive Health.

As well as procedures for women he has performed c 5000 vasectomies - latterly by the favoured 'No-scalpel' technique - and promotes research in non-hormonal approaches to male systemic contraception ('male pills'). He is author/co-author of over 300 publications on environmental sustainability, reproductive health and population, contraception for women and for men, and of nine books available in 10 languages including Bulgarian, Malay and Japanese. "Contraception Today" and "Contraception: Your Questions Answered" (now co-authored with Professor Anne MacGregor) are available in recent editions, both updated to 2017, and he contributed to the "Oxford Handbook of Reproductive Medicine and Family Planning" and "Contraception: a Casebook from Menarche to Menopause."

His choice of contraception for both genders as his specialty, leading to higher degrees in both surgery and gynaecology, was made while he was still a medical student, prompted by a lecture from the Biologist Dr Colin Bertram. Ever since, his vision has been that humankind's collective environmental footprint is exacerbated by the number of feet - i.e. the number of humans doing the consuming and polluting, on our uniquely life-supporting but finite planet. This factor, one of only 3, in humanity's environmental impact must be addressed, always wisely and compassionately, through voluntary rights-based family planning made accessible to all. Along with among others Sir David Attenborough he is a Patron of and Adviser to **www.populationmatters.org**; and his TED lecture 'Sex and the Planet' and more can be viewed on his website **www.ecotimecapsule.com.**

These days John spends an increasing amount of time with his grandchildren living next door who share and enjoy the same garden, and indulges his lifetime enthusiasm for cycling, for its fun and its convenience (and zero emissions). He warns that, although large audiences are still attracted to his interactive presentations around the UK and beyond, as scheduled through 2019, the time must come for his final retirement. He promises that will be before there might be any shout from the back of the hall, "kindly leave the stage!"

MediConf UK.LTD
PROMOTING EXCELLENCE IN HEALTH EDUCATION

COURSE CODE 1070

Your Learning Agenda ...

Contraceptive technology: an update by themes more than by the methods

A. **Things to be "unlearned":** that the COC taken by the outdated 21/7 regimen is, in the real world, a good choice in contraception.

B. **Things to learn:** new methods, and fresh angles on how to provide the old ones, including follow-up by "open house".

C. **Contraceptive choices:**

1. for teenagers and 20s
2. for women over 40 and peri-menopausally
3. after pregnancy of any gestation
4. with low and high body mass
5. when there is no reliable LMP - the Proving Not Pregnant Protocol
6. when quick-starting and bridging, a new norm
7. at and after emergency contraception
8. when any method results in problematic bleeding: the "D Check-list"
9. during assorted diseases and several dis-eases
10. when there are potential drug interactions (by enzyme induction and more)
11. relating to pre- or peri-conception
12. summarised: 20+ messages which may change your practice (or not, if you were already up to speed!)

And finally, bearing in mind that we have not inherited the earth from our grandparents, we have borrowed it from our grandchildren: <> This year on World Environment Day June 5th it is the 25th anniversary of Professor Guillebaud's project based on the above saying and fully described at ***www.ecotimecapsule.com.*** *<> So everyone who reads this is invited at 2.00pm June 5th to the burial site on the mound at Kew gardens adjoining 'the Hive' at 1400! More details to follow on the website.*

Programme ...

9.00 - 9.30am	**Registration, Coffee & Exhibition**
9.30 - 11.00am	**Contraception Technology Session 1**
11.00 - 11.30am	**Coffee, Biscuits & Exhibition**
11.30 - 1.00pm	**Contraception Technology Session 2**
1.00pm	**Conference Closes**

Book online at **www.mediconf.co.uk** • **We do not take bookings over the phone**

Please note that all confirmations will be sent to you via email ONLY acknowledging your place, candidate registration number and other essential information.

Mediconf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

The data collected on this form is used to process your booking request. For more information, please refer to our privacy policy which can be found at www.mediconf.co.uk where you may also find further information about processing of personal data and your rights. If you need any further information please contact the Data Processing Manager: Janet Poyner E. janet@mediconf.co.uk

For a full list of our booking terms and conditions please visit our website: **www.mediconf.co.uk**

IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
T. 01253 712894 | W. www.mediconf.co.uk | E. rebecca@mediconf.co.uk