

FREE Study Morning for GPs & Practice Nurses

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Spirometry and Small Airways Disease plus Evolving Developments in the Management of COPD

Saturday 22nd September 2018

The Conference Centre at LACE Croxteth Drive, Sefton Park, Liverpool L17 1AA

At this event

- Listen to key and national speakers
- Update understanding and interpretation of spirometry in General Practice
- Update knowledge on evolving developments in the management of COPD
- Receive a certificate for your Appraisal Portfolio

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Meet the Speakers ...

Julie Morris

AHSN award winner 2015.

Julie Morris has vast experience in Primary Care and General Practice.

She is a Nurse educator in the pharmaceutical industry providing professional development to primary care nurses on behalf of CCG's.

Julie has initiated and developed a foundation support and mentorship programme to HCP's on all chronic disease management.

Julie regularly delivers focused spirometry and respiratory training within Primary Care.



She has developed an award winning COPD service PACE, helping to prevent COPD Admissions. This was a successful project delivering results on patient outcomes.



Prof. Dave Singh BA (Hons) MB, B.Chir. MA (Hon) MRCP MD

Head of the airway pharmacology group, using human lung tissue models to study inflammation in asthma and COPD

Medical Director for early phase clinical trials in the Medicines Evaluation Unit (MEU)

After graduating in Medicine from Cambridge University, Prof Singh trained in respiratory medicine and clinical pharmacology. This included an industrial placement for phase 1 experience. He completed an MD at the University of Manchester, and then was appointed as senior lecturer in respiratory pharmacology based in the University Hospital of South Manchester in 2003. Prof Singh's research interests are the pharmacotherapy of Asthma and COPD



with studies spanning from basic pharmacology investigations of anti-inflammatory drug action to clinical trials. He is medical director of the Medicines Evaluation Unit performing proof of concept studies in obstructive lung diseases.

Member of:-

University Of Manchester representative on CHOP (Committee of Heads and Professors of Clinical Pharmacology and Therapeutics). British Pharmacology Society. British Association of Lung Research. British Thoracic Society. Royal College of Physicians. American Thoracic Society. European Respiratory Society. British Society of Immunology.

Teaching & Training

Undergraduate training – Prof Singh has supervised 5 medical students' 10-week research project options.

Prof Singh has contributed every year to undergraduate examinations, and medical student teaching.

Prof Singh has acted as Mres tutor for year 4 medical students for the last 3 years, delivering seminars on asthma.

Programme and Learning Agenda ...



Spirometry and Small Airways Disease plus Evolving Developments in the Management of COPD

The Burden of COPD

British Lung Foundation - Battle for Breath 2016

- ▶ 1.2 million people in the UK are living with diagnosed COPD
- ▶ 4.5% of people aged over 40 have diagnosed COPD
- ▶ 115,000 people are diagnosed with COPD each year one every 5 minutes
- ▶ 1.7% of hospital admissions are due to COPD -140,000 per year and >1 million bed days
- Prevalence is 2.5 times higher in most socially deprived quintile than in the least deprived, which is a more extreme socio-economic variation than for lung cancer

This Programme will be led by Julie Morris and Prof. D Singh

Your Learning Agenda...

Part 1: Spirometry and Small Airways Disease

- Interpretation of spirometry results
- Reversibility studies
- Vital Capacity role in obstructive and restrictive disease
- ► FEV₁/FVC ratio calculations
- Small airways role in spirometry
- Clinical assessment in practice

Part 2: Evolving Developments in the Management COPD

- Preventing exacerbations
- Evolving developments in the management of COPD, examining the evidence
- ► G.O.L.D. stages and pharmacological treatment
- Exacerbation rate stratified by blood eosinophils
- Pneumonia risk in COPD

Programme

09:00 – 09:30am Registration and refreshments

09:30 – 11:00am Part 1: Spirometry and Small Airways Disease

11:00 – 11:30am Coffee break

11:30 – 1:00pm Part 2: Evolving Developments in the Management of COPD

1:00pm Conference close

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