



Promoting excellence
in health education

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

Saturday 8th September 2018

Royal Society of Medicine
1 Wimpole Street, London W1G 0AE

At this event

- Listen to Key Local and National Speakers
- Update your knowledge of Cardiovascular Disease and Lipid Management
- Receive a Certificate for your Appraisal Portfolio

Meet the Speakers ...

Dr Jai Cegla BSc MSc MBBS MRCP FRCPath PhD



Dr Jai Cegla is a Consultant in Metabolic Medicine at Imperial College Healthcare NHS Trust. After completing internal medicine training in the UK and Australia, she trained in metabolic medicine at Imperial College Healthcare NHS Trust and Guy's and St Thomas' NHS Foundation Trust. She has a specialist interest in lipidology and cardiovascular risk. The Hammersmith Hospital lipid service is a one-stop centre for the genetic diagnosis and management of lipid disorders and also offers research facilities and access to new medications.

Dr Cegla's current research focuses on cardiovascular risk including clinical trials of novel therapeutic agents. Dr Cegla is a member of the Medical, Scientific and Research Committee of HEART UK, the cholesterol charity. She also sits on the National Cardiovascular Disease Prevention System Leadership Forum, the advisory group of Public Health England for strategy on CVD prevention.

Dr Cegla is also heavily involved in undergraduate and postgraduate teaching at Imperial College, including lecturing on the MSc courses in preventative cardiology and genomics medicine.

Dr Ameet Bakhai MD MRCP FRCP FESC



Dr Ameet Bakhai, a graduate from St Bartholomew's & Royal Brompton Hospitals in London, is a front line Consultant Cardiologist at Royal Free London NHS Foundation Trust, with a focus on heart failure, risk assessment in atrial fibrillation, acute coronary syndromes and cardiovascular risk factor reduction.

As Trust R&D Deputy Director overseeing 100 delivery staff and 600 active trials he mentors colleagues to become more experienced in clinical trials at every stage and as Cardiovascular Research Director he work with his own research team recruiting patients and has published over 80 papers on clinical trials, health economic evaluation of cardiovascular pharmacotherapies, coronary stents and disease prevention. He was recently appointed an ambassador for Digital Health London for his work on heart function improvement collaborating with multiple digital technology and AI companies.

A scholar from Harvard Clinical Research Institute, he is internationally recognised for his commitment to patient care and for innovative translational research in clinical cardiology within the NHS, pharma and device industries. He has been a member of various panels at National Institute of Health and Clinical Excellence, a national Principal Investigator of international registries (EUPS-AF, APTOR, ETNA-AF) and is an advisor to several commercial and government healthcare partners for therapy development programmes, commissioning and health economic modelling.

His expertise is rare and unique, with a passion for improving healthcare through processes of clinical trials, health economics and commissioning, combining his care of patients with superb communication skills, a warm, engaging bedside manner and clinical research, offering patients access to cutting edge clinical trials of novel drugs and devices or recruiting them to international registries. Lastly, he is a holistic, ethical doctor who also focuses on lifestyle factors, patient insights and experiences and beliefs that can impact on their health.

Programme and Learning Agenda ...



An Amgen Funded Educational Meeting Series

Cardiovascular Disease and Lipid Management: Diagnose, Treat, Prevent

Objectives:

1. Robust refresher on CVD from Cardiologist perspective tailored to GP needs
2. Upskill GPs in the importance of lipid control in CVD prevention and provide practical guidance on diagnosis and referral of FH and Dyslipidaemic patients

Programme:

9.00-09.30am **Registration and Coffee**

9.30-11.00am **Preventing Cardiovascular disease: An update**

- ▶ A cardiologist's perspective on:
 - Living longer with heart disease
 - From prevention to cure to prediction (ACS, Heart function, AF)
 - From evidence base to on-going research
 - From drug health to digital health
- ▶ Take home message: What you as a GP can do on Monday to enhance your patient care

Dr Ameet Bakhai

11.00-11.30am **Break and Coffee**

11.30-13.00pm **A practical guide to managing lipids in 2018**

- ▶ Refresher on lipoproteins, lipid metabolism, testing lipids
- ▶ Causal role of LDL-C in CVD
- ▶ Evidence from Statins of role of LDL-C lowering
- ▶ New therapies (PCSK9i) and associated NICE guidance
- ▶ Identifying FH and high risk patients
- ▶ When and who to refer
- ▶ Take home message: What you can do on Monday to enhance your patient care

Dr Jai Cegla

13.00pm **Meeting Closes**

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- Book online at www.mediconf.co.uk

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EARLY BOOKING ADVISED
HIGH DEMAND EXPECTED

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ESSENTIAL FOR CONFIRMATION

GP ☐

GP Reg ☐

Nurse ☐

ANP ☐

NP ☐

Sister ☐

(Please tick the appropriate boxes)

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