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# 6th Annual West Midlands AF Stroke Symposium

## Saturday 13th October 2018

The H Suite Edgbaston - (Formerly The Venue)  
100 Icknield Port Road, Birmingham B16 0AA

### At this event

- Listen to Key Local and National Speakers
- Update Your Knowledge on AF Stroke
- Receive a Certificate for your Appraisal Portfolio

### Course Counts for 3.5 hrs CPD

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## Meet the Speakers ...

### Anita Gianella

Anita is the Bayer Cardiovascular Medical Science Liaison accountable for the West Midlands and Wales. She has a M.Sc. in Chemistry and Pharmaceutical Technologies and a Ph.D. in Applied Biology and Pharmacology. Prior to her career in the pharmaceutical industry, she spent 10 years working as a pre-clinical scientist in important academic institutions in Italy and the United States. As tangible result of her academic experience 18 papers have been published in peer-reviewed journals in the cardiovascular and nanomedicine fields. Anita has been working for Bayer for the past 5 years and is responsible for developing partnerships with KOLs and providing scientific information on anticoagulation to the relevant medical community.

### Dr Khalid Khan

Dr Khalid Khan has been a Consultant Cardiologist at the Betsi Cadwaladr University Health Board since 2005. He graduated from St. John's College, Cambridge in 1993 and subsequently trained in Newcastle, Peterborough and then Leicester. Here he was awarded a British Heart Foundation Junior Research Fellowship in the Department of Clinical Pharmacology, University of Leicester where he developed his interests in hypertension and cardiovascular risk modification. He then completed Specialist training in both Adult Cardiology and General Internal Medicine in Liverpool.

His principal current specialist interests reside in the management of cardiac arrhythmias, inherited cardiac conditions and sudden cardiac death, hypertension, drug prescribing and award winning innovations in delivery of cardiac services. He is also extensively involved in both undergraduate and postgraduate medical education, and lectures widely. He is Honorary Lecturer at Cardiff University, Visiting Lecturer at Birmingham University and a Royal College of Physicians Tutor and Examiner. He also regularly acts as an expert witness in clinical negligence cases.

### Dr Nazish Khan

Principal Pharmacist Cardiac Services, Department of Pharmacy,  
The Royal Wolverhampton Hospitals NHS Trust.

Nazish, an independent pharmacist prescriber, has extensive experience in the management of cardiac patients.

Nazish is a condition specific member of the cardiovascular pool for the Clinical Guidelines Update Team, which is a sub-group of NICE Committee C. In addition, Nazish has acted as a clinical expert in the development of a number of cardiovascular specific technology appraisals, including a DOAC in the management of non-valvular atrial fibrillation.

Nazish is a member of the Cardiovascular Research Group at RWH and has a keen interest in anti-platelet agents and their drug handling particularly during the acute phase of a myocardial infarction. She has several publications related to her research work. She is a member of the United Kingdom Clinical Pharmacy Association (UKCPA) Cardiovascular Committee and faculty member for the allied health professionals' sub-group of the Society of Cardiothoracic Surgeons. Nazish also holds the position of Honorary Senior Research Fellow with the Institute of Clinical Sciences, School of Pharmacy at the University of Birmingham. In addition she is responsible for the postgraduate cardiovascular and heart failure diploma modules at Keele University and has contributed to several cardiovascular modules offered by the Centre for Pharmacy Postgraduate Education (CPPE).

She has recently joined the WM AHSN AF project team and will use her pharmacological knowledge and expertise to work along side other healthcare professionals to help improve outcomes for patients with atrial fibrillation.

### Professor Gregory Lip

Institute of Cardiovascular Sciences, University of Birmingham, United Kingdom

Professor Lip, MD, is Professor of Cardiovascular Medicine at the University of Birmingham and is based in a busy city centre teaching hospital. He is also Adjunct Professor of Cardiovascular Sciences, Aalborg University, Denmark.

Half of his time is spent as a clinical cardiologist, and he practises the full range of cardiovascular medicine, including outpatient clinics (leading large atrial fibrillation and hypertension specialist services), and acute cardiology.

Professor Lip has had a major interest into the epidemiology of atrial fibrillation (AF), as well as the pathophysiology of thromboembolism in this arrhythmia. Furthermore, he has been researching stroke and bleeding risk factors, and improvements in clinical risk stratification. The CHA<sub>2</sub>DS<sub>2</sub>-VASc and HAS-BLED scores - for assessing stroke and bleeding risk, respectively - were first proposed and independently validated following his research, and are now incorporated into international guidelines.

He was selected to the Thomson Reuters Science Watch list of 'World's Most Influential Scientific Minds 2014', a ranking of today's top 17 scholars who have published the greatest number of hot papers, ranked in the top 0.1% by citations, [issued June 2014; see website: <http://sciencewatch.com/sites/sw/files/sw-article/media/worlds-most-influential-scientific-minds-2014.pdf>]. In 2014, Professor Lip was ranked by Expertscape as one of the world's leading experts in the understanding and treatment of AF [<http://www.prlog.org/12273752-expertscape-ranks-top-doctors-and-hospitals-in-atrial-fibrillation.html>].

Professor Lip is a board member of the European Heart Rhythm Association (EHRA) and is Chairman of its scientific documents committee (2013-). Professor Lip was on the writing committee for various international guidelines, including the American College of Chest Physicians (ACCP) Antithrombotic Therapy Guidelines for Atrial Fibrillation, as well as various guidelines and/or position statements from the European Society of Cardiology (ESC) or EHRA. Specifically, he was also on the writing committees of the 2010 ESC Guidelines on Atrial Fibrillation, the 2012 ESC Focused Update Guidelines on Atrial Fibrillation, the 2012 ESC Guidelines on Heart Failure, and the 2014 NICE guidelines on AF. He was Deputy Editor ("content expert") for the 9th ACCP guidelines on antithrombotic therapy for AF (2012).

Professor Lip has acted as senior/section editor for major international textbooks and at senior editorial level for major international journals, including Thrombosis & Haemostasis (Editor-in-Chief, Clinical Studies); Europace (Associate Editor); and Circulation (Guest Editor).

### Dr Alex Meyer

Dr Meyer is a GP in Yardley Wood in South Birmingham. He is the Clinical Lead for his Anticoagulation Service and has a special interest in Anticoagulation. He has worked with local Anticoagulation Providers to deliver Annual Updates and regularly presents to groups of GPs in the West Midlands Region on the topic of Anticoagulation. He is a clinical adviser to the West Midlands Academic Health Science Network for their AF Programme. He believes that for the majority of patients Anticoagulation can be safely and effectively managed in Primary Care.

### Dr Indira Natarajan

Dr Natarajan is Clinical Director of Neurosciences and Consultant Stroke Physician at the University Hospital of North Midlands, Royal Stoke University Hospital and is also Senior Lecturer at Keele Medical School. Additionally, he holds appointments as Clinical Director Stroke- West Midlands Strategic Clinical Network & Senate and also Elected Member of the Clinical Standards Committee - British Association of Stroke Physicians.

## Meet the Speakers ...

### Donna Sydenham

Donna has extensive nursing experience and working currently as an anticoagulation lead / clinical nurse specialist in General Practice for 10 years. Principal interests include anticoagulation management in primary care and atrial fibrillation.

She is involved with undergraduate and postgraduate education and a lecturer at the National Centre for Anticoagulation Training (NCAT), at University of Warwick, including providing clinical supervision/support to delegates. As well as teaching, Donna has been involved in research projects, published articles and served as an editorial board member of Thrombus medical journal. She has recently joined the board of the West Midlands Academic & Health Science Network (WM AHSN) and works closely with them as a Nurse Consultant for their stroke prevention projects.

## Programme and Learning Agenda ...



### 6th Annual West Midlands AF Stroke Symposium

Time	Session	Speaker
08:30 - 9:00	Registration & Refreshments	
09:00 - 09:15	Where are we now The Burden of AF Stroke – an update	<b>Chair</b> <b>Dr Indira Natarajan</b> Consultant Stroke Physician University Hospital of North Midlands
09:15 - 9:45	Streamlining decision making in AF Management What's new?	<b>Professor Gregory Lip</b> Consultant Cardiologist SWBH NHS Trust
9:45 - 10:30	Detection of AF and ECG interpretation The primary care perspective	<b>Dr Alex Meyer</b> Yardley Wood Health Centre - AQP ACE Excellence Clinical lead BCC CCG
10:30 - 10.45	Efficacy and safety in phase III interventional and observational studies	<b>Anita Gianella</b> Medical Science Liaison Bayer
10:45 - 11:15	Management and review of AF patients in primary care anticoag hubs (AQPs)	<b>Donna Sydenham</b> Nurse Consultant Bellevue Medical Centre AQP
11:15 - 11:35	Refreshments	
11:35 - 12:15	Safe prescribing of oral anticoagulation	<b>Dr Nazish Khan</b> Principal Pharmacist NHS Trust Cardiac Services Royal Wolverhampton Hospital
12:15 - 12:50	Pearls and pitfalls in the management of AF A case-based discussion	<b>Dr Khalid Khan</b> Consultant Cardiologist Betsi Cadwaladr University Health Board
12:50 - 13:00	Meet the experts - Panel Discussion & Questions	<b>All Speakers</b>
13:00	Meeting Close	

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