



Promoting excellence
in health education

Cardiology Study Morning

Saturday 1st December 2018

Newcastle Marriott Hotel Gosforth Park
High Gosforth Park, Newcastle upon Tyne NE3 5HN

At this event

- Update your knowledge on Cardiology
- Receive a Certificate for your Appraisal Portfolio

Meet the Speaker ...

Dr Yassir Javaid BA (Hons), MA (Cantab), MB BChir, MRCP, DipCard

**Cardiovascular lead Nene CCG
Primary Care Cardiovascular lead,
East Midlands Strategic Clinical Network**

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse “GP of the Year” for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.



Professor Ahmet Fuat PhD FRCGP FRCP (London)

Professor Ahmet Fuat has been in general practice in Darlington since 1986. As well as being a GP appraiser and CCG cardiology lead, he also works as a GP specialist in cardiology and for 16 years has run an integrated heart failure service across primary and secondary care. Holding a PhD from Durham University, he is an active researcher in cardiology and recently he was awarded an honorary chair in Primary Care Cardiology from Durham University School of Health, Medicine and Pharmacy.

Professor Fuat sits on the editorial boards of both the BJC and PCCJ, and is an active member of the BCS. He is a tutor on the Bradford postgraduate diploma in cardiology course and chairs and lectures in cardiology nationally. He has served on the NICE and ESC guideline development groups on Heart Failure and Myocardial Infarction respectively. He has published widely on Heart Failure, Atrial Fibrillation and Ischaemic Heart Disease.

Professor Fuat has been instrumental in setting up the CVGP (Society for health professionals with an interest in cardiovascular medicine in general practice). He is currently President of the PCCS CIC.



Programme and Learning Agenda ...

9.00-09.30am **Registration and Coffee**

9.30-10.30am **Diagnosing and managing Heart Failure in Primary Care**
Professor Ahmet Fuat

- ▶ Accurate diagnosis of Heart Failure including use of Natriuretic peptides
- ▶ Practical aspects of Heart Failure management including newer agent sacubitril/valsartan
- ▶ How to manage adverse events from medications
- ▶ Device therapies in Heart Failure simplified

10.30-11.00am **Screening, diagnosis and management of Atrial Fibrillation**
Dr Yassir Javaid

- ▶ Why prioritise AF in primary care?
- ▶ Who to refer?
- ▶ Rate vs rhythm control
- ▶ Communicating risk and benefit of stroke prevention

11.00-11.30am **Coffee and Break**

11.30-12.00pm **Stroke Prevention in Atrial Fibrillation**
Professor Ahmet Fuat

- ▶ Making the case for oral anticoagulants and not aspirin in AF stroke prevention
- ▶ Using DOACs and warfarin safely
- ▶ Monitoring and audit of OAC use in AF
- ▶ How to manage DOAC use if bleeding, surgical procedures, interruption of therapy

12.00-13.00pm **Community aspects of Valve disease**
Dr Yassir Javaid

- ▶ Demystifying heart sounds and murmurs
- ▶ Detecting valve disease and surveillance
- ▶ Suspecting infecting endocarditis and management
- ▶ Timely referral for valve intervention
- ▶ Physiological vs pathological findings on echo

13.00pm **Close**

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