



Promoting excellence  
in health education

# Cardiology Study Morning

## Saturday 1st December 2018

Newcastle Marriott Hotel Gosforth Park  
High Gosforth Park, Newcastle upon Tyne NE3 5HN

### At this event

- Update your knowledge on Cardiology
- Receive a Certificate for your Appraisal Portfolio

## Meet the Speaker ...

**Dr Yassir Javaid** BA (Hons), MA (Cantab), MB BChir, MRCGP, DipCard

**Cardiovascular lead Nene CCG  
Primary Care Cardiovascular lead,  
East Midlands Strategic Clinical Network**

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse “GP of the Year” for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.



# Programme and Learning Agenda ...

**9.00-09.30am**      **Registration and Coffee**

**9.30-10.30am**      **Diagnosing and managing Heart Failure in Primary Care**  
**Dr Yassir Javaid**

- ▶ Accurate diagnosis of Heart Failure including use of Natriuretic peptides
- ▶ Practical aspects of Heart Failure management including newer agent sacubitril/valsartan
- ▶ How to manage adverse events from medications
- ▶ Device therapies in Heart Failure simplified

**10.30-11.00am**      **Screening, diagnosis and management of Atrial Fibrillation**  
**Dr Yassir Javaid**

- ▶ Why prioritise AF in primary care?
- ▶ Who to refer?
- ▶ Rate vs rhythm control
- ▶ Communicating risk and benefit of stroke prevention

**11.00-11.30am**      **Coffee and Break**

**11.30-12.00pm**      **Stroke Prevention in Atrial Fibrillation**  
**Dr Yassir Javaid**

- ▶ Making the case for oral anticoagulants and not aspirin in AF stroke prevention
- ▶ Using DOACs and warfarin safely
- ▶ Monitoring and audit of OAC use in AF
- ▶ How to manage DOAC use if bleeding, surgical procedures, interruption of therapy

**12.00-13.00pm**      **Community aspects of Valve disease**  
**Dr Yassir Javaid**

- ▶ Demystifying heart sounds and murmurs
- ▶ Detecting valve disease and surveillance
- ▶ Suspecting infecting endocarditis and management
- ▶ Timely referral for valve intervention
- ▶ Physiological vs pathological findings on echo

**13.00pm**              **Close**

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