



Promoting excellence  
in health education

# Cardiology Study Morning

## Saturday 17th November 2018

The Spitfire Cricket Ground  
St Lawrence, Old Dover Road, Canterbury, Kent CT1 3NZ

### At this event

- Update your knowledge on Cardiology
- Receive a Certificate for your Appraisal Portfolio

## Meet the Speaker ...

**Dr Yassir Javaid** BA (Hons), MA (Cantab), MB BChir, MRCGP, DipCard

**Cardiovascular lead Nene CCG  
Primary Care Cardiovascular lead,  
East Midlands Strategic Clinical Network**

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse “GP of the Year” for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.



# Programme and Learning Agenda ...

**9.00-09.30am**      **Registration and Coffee**

**9.30-10.30am**      **Diagnosing and managing Heart Failure in Primary Care**  
**Dr Yassir Javaid**

- ▶ Accurate diagnosis of Heart Failure including use of Natriuretic peptides
- ▶ Practical aspects of Heart Failure management including newer agent sacubitril/valsartan
- ▶ How to manage adverse events from medications
- ▶ Device therapies in Heart Failure simplified

**10.30-11.00am**      **Screening, diagnosis and management of Atrial Fibrillation**  
**Dr Yassir Javaid**

- ▶ Why prioritise AF in primary care?
- ▶ Who to refer?
- ▶ Rate vs rhythm control
- ▶ Communicating risk and benefit of stroke prevention

**11.00-11.30am**      **Coffee and Break**

**11.30-12.00pm**      **Stroke Prevention in Atrial Fibrillation**  
**Dr Yassir Javaid**

- ▶ Making the case for oral anticoagulants and not aspirin in AF stroke prevention
- ▶ Using DOACs and warfarin safely
- ▶ Monitoring and audit of OAC use in AF
- ▶ How to manage DOAC use if bleeding, surgical procedures, interruption of therapy

**12.00-13.00pm**      **Community aspects of Valve disease**  
**Dr Yassir Javaid**

- ▶ Demystifying heart sounds and murmurs
- ▶ Detecting valve disease and surveillance
- ▶ Suspecting infecting endocarditis and management
- ▶ Timely referral for valve intervention
- ▶ Physiological vs pathological findings on echo

**13.00pm**              **Close**

There is 1 method of booking:

- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)

**We do not take bookings over the phone**

Please note that all confirmations will be sent to you via email **ONLY** acknowledging your place, candidate registration number and other essential information. It is therefore crucial that you print legibly and clearly your email address on the booking form.

MediConf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

For a full list of our booking terms and conditions please click on our website

**IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office**

**Name**

**Surgery Address**

LIMITED PLACES AVAILABLE  
EARLY BOOKING ADVISED  
HIGH DEMAND EXPECTED

**Tel No.**

**Email**  
ESSENTIAL FOR CONFIRMATION

GP  GP Reg  Nurse  ANP  NP  Sister

(Please tick the appropriate boxes)