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# Women's Health Update 2018

New  
Programme  
for 2018

**Saturday 3rd February 2018**  
Jurys Inn Middlesbrough  
Fry Street, Middlesbrough TS1 1JH

Introducing your speaker

**Diana Mansour**, MBBCH, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Health Care  
Head of Clinical Service, Sexual Health at Newcastle upon Tyne Hospitals  
NHS Foundation Trust  
Associate Clinical Lecturer, Newcastle University

**All delegates will receive**

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD**

## Meet the Speaker ...

### Diana Mansour

MBBCH, FRCOG, FFSRH, DIPM

Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare and Head of Clinical Service for Sexual Health in Newcastle upon Tyne, UK. She has been an Associate Clinical Lecturer at Newcastle University since 1997. In addition Dr Mansour is Senior Vice President and Trustee for the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. Diana is the Lead Officer for FSRH Clinical Standards Committee, Clinical Effectiveness Committee, the FSRH Clinical Studies Group and FSRH Journal. She sits on the FSRH Finance and Investments Committee and Board of Trustees.

Dr Mansour is first author to over 90 peer-reviewed publications. She has recently co-written a textbook for general practice and RCOG trainees with Dr Laura Percy and it is entitled 'Contraception Made Easy'.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, medical management of heavy menstrual bleeding, menopause and hormone replacement therapy.



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## Programme and Learning Agenda ...

| Time        | Agenda   |
|-------------|--|
| 09:00-09:30 | <b>Registration, Coffee and Exhibition</b>   |
| 09:30-11:00 | <b>Women's Health issues</b><br>Managing women's health problems in primary care using case-based discussions and up to date, evidence-based medicine and will include: <ul style="list-style-type: none"><li>▶ Sexual health issues including problematic vaginal discharge</li><li>▶ Cervical screening update - changes to the NHS screening programme</li><li>▶ Period pains and bleeding problems</li><li>▶ Chronic pelvic pain - will it ever go away</li><li>▶ Premenstrual syndrome - fact or fiction</li><li>▶ PCOS</li><li>▶ Urinary problems</li><li>▶ Menopause issues - options and choices</li></ul> |
| 11:00-11:30 | <b>Exhibition and Coffee</b>   |
| 11:30-13:00 | <b>Contraception Update</b> <ul style="list-style-type: none"><li>▶ What's new?</li><li>▶ New FSRH guidelines and changes</li><li>▶ Managing commonly occurring problems related to contraceptive methods</li></ul>  |
| 1:00pm      | <b>Close of Event</b>  |

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