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# 5th Annual West Midlands AF Stroke Symposium

## Saturday 25th November 2017

The H Suite Edgbaston  
100 Icknield Port Road, Birmingham B16 0AA

### At this event

- Listen to Key Local and National Speakers
- Update Your Knowledge on AF Stroke
- Receive a Certificate for your Appraisal Portfolio

### Course Counts for 3.75 hrs CPD

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## Meet the Speakers ...

### Dr Derek Connolly

Dr Derek Connolly is a Consultant Interventional Cardiologist and Honorary Senior Clinical Lecturer at Birmingham City and Sandwell Hospitals, Birmingham UK. He trained in Cambridge, London, Edinburgh and San Diego where he was a Carnegie Scholar. He has a first class degree in Pharmacology from the University of Edinburgh where he was the Brunton medallist and Keasbey Bursary holder. His PhD in molecular cardiology is from the University of Cambridge. He is the Chief or Primary Investigator of multiple large trials in Cardiovascular medicine. He developed one of the UKs first primary angioplasty programmes, and one of the UKs largest cardiac CT programmes.

### Sarah Hughes

Sarah Hughes is a Clinical Nursing Specialist, Anticoagulation & Thrombosis, at the Dudley Group of Hospitals NHS Foundation Trust. She trained in the army, initially qualified in 1981 and spent the majority of her career working in critical care, joining Dudley NHS trust in 1986 within the Intensive Care Unit. She moved into anticoagulation in 2002 with minimal anticoagulation knowledge, enjoyed the learning curve and being part of the management of change introducing DOACs to the everyday practice we utilise today.

### Dr Khalid Khan

Dr Khalid Khan has been a Consultant Cardiologist at the Betsi Cadwaladr University Health Board since 2005. He graduated from St. John's College, Cambridge in 1993 and subsequently trained in Newcastle, Peterborough and then Leicester. Here he was awarded a British Heart Foundation Junior Research Fellowship in the Department of Clinical Pharmacology, University of Leicester where he developed his interests in hypertension and cardiovascular risk modification. He then completed Specialist training in both Adult Cardiology and General Internal Medicine in Liverpool.

His principal current specialist interests reside in the management of cardiac arrhythmias, inherited cardiac conditions and sudden cardiac death, hypertension, drug prescribing and award winning innovations in delivery of cardiac services. He is also extensively involved in both undergraduate and postgraduate medical education, and lectures widely. He is Honorary Lecturer at Cardiff University, Visiting Lecturer at Birmingham University and a Royal College of Physicians Tutor and Examiner. He also regularly acts as an expert witness in clinical negligence cases.

### Professor Gregory Lip

Institute of Cardiovascular Sciences, University of Birmingham, United Kingdom

Professor Lip, MD, is Professor of Cardiovascular Medicine at the University of Birmingham and is based in a busy city centre teaching hospital. He is also Adjunct Professor of Cardiovascular Sciences, Aalborg University, Denmark.

Half of his time is spent as a clinical cardiologist, and he practises the full range of cardiovascular medicine, including outpatient clinics (leading large atrial fibrillation and hypertension specialist services), interventional cardiology and coronary care unit.

Professor Lip has had a major interest into the epidemiology of atrial fibrillation (AF), as well as the pathophysiology of thromboembolism in this arrhythmia. Furthermore, he has been researching stroke and bleeding risk factors, and improvements in clinical risk stratification. The CHA<sub>2</sub>DS<sub>2</sub>-VASc and HAS-BLED scores - for assessing stroke and bleeding risk, respectively - were first proposed and independently validated following his research, and are now incorporated into international guidelines.

He was selected to the Thomson Reuters Science Watch list of 'World's Most Influential Scientific Minds 2014', a ranking of today's top 17 scholars who have published the greatest number of hot papers, ranked in the top 0.1% by citations, [issued June 2014; see website: <http://sciencewatch.com/sites/sw/files/sw-article/media/worlds-most-influential-scientific-minds-2014.pdf>].

In 2014, Professor Lip was ranked by Expertscape as one of the world's leading experts in the understanding and treatment of AF [<http://www.prlog.org/12273752-expertscape-ranks-top-doctors-and-hospitals-in-atrial-fibrillation.html>].

Professor Lip is a board member of the European Heart Rhythm Association (EHRA) and is Chairman of its scientific documents committee (2013-).

Professor Lip was on the writing committee for various international guidelines, including the American College of Chest Physicians (ACCP) Antithrombotic Therapy Guidelines for Atrial Fibrillation, as well as various guidelines and/or position statements from the European Society of Cardiology (ESC) or EHRA. Specifically, he was also on the writing committees of the 2010 ESC Guidelines on Atrial Fibrillation, the 2012 ESC Focused Update Guidelines on Atrial Fibrillation, the 2012 ESC Guidelines on Heart Failure, and the 2014 NICE guidelines on AF. He was Deputy Editor ("content expert") for the 9th ACCP guidelines on antithrombotic therapy for AF (2012).

Professor Lip has acted as senior/section editor for major international textbooks and at senior editorial level for major international journals, including *Thrombosis & Haemostasis* (Editor-in-Chief, Clinical Studies); *Europace* (Associate Editor); and *Circulation* (Guest Editor).

### Dr Alex Meyer

Dr Meyer is a GP in Yardley Wood in South Birmingham. He is the Clinical Lead for his Anticoagulation Service and has a special interest in Anticoagulation. He has worked with local Anticoagulation Providers to deliver Annual Updates and regularly presents to groups of GPs in the West Midlands Region on the topic of Anticoagulation. He believes that for the majority of patients Anticoagulation can be safely and effectively managed in Primary Care.

### Dr Indira Natarajan

Dr Natarajan is Clinical Director of Neurosciences and Consultant Stroke Physician at the University Hospital of North Midlands, Royal Stoke University Hospital and is also Senior Lecturer at Keele Medical School. Additionally, he holds appointments as Clinical Director Stroke- West Midlands Strategic Clinical Network & Senate and also Elected Member of the Clinical Standards Committee - British Association of Stroke Physicians.

## Meet the Speakers ...

### Dr Sajjad Sarwar

Dr Sajjad Sarwar is a GP Partner in Aston, a busy inner city practice. He is a clinical lead for Sandwell West Birmingham CCG for Planned Care. He is a GP trainer and works in Palliative care.

He has been working as a GP with an interest in anticoagulation and in particular with stroke prevention in AF. He has worked closely with Professor Lip, to develop pathways for optimal care and cascade this to health care professionals. He has introduced the TTR as a KPI for the anticoagulation service to ensure pragmatic decision making and assist in appropriate prescribing.

Dr Sarwar and Professor Lip have provided educational meetings at the trust and CCG level to up skill GPs around management and stroke prevention. The collaborative working has meant both have been awarded the Academic Science Network award winner for the 'Excellence in Wellness and Prevention Of Illness award.' This was in light of developing and promoting the simple Birmingham 3 step approach for dealing with reducing stroke risk in AF patients, and the close working relationship between the trust and the CCG.

## Programme and Learning Agenda ...



### 5th Annual West Midlands AF Stroke Symposium

Time	Session	Speaker
08:45 - 9:15	Registration & Refreshments	
09:15 - 09:30	Chair Welcome and introduction  Where are we now The Burden of AF Stroke – an update	<b>Chair</b> <b>Dr Indira Natarajan</b> Consultant Stroke Physician University Hospital of North Staffordshire
09:30 - 10:00	Streamlining decision making in AF Management - What's new?	<b>Professor Gregory Lip</b> Consultant Cardiologist SWBH NHS Trust
10:00 - 10:30	Collaborative joint working around Birmingham and Black Country	<b>Dr Sajjad Sarwar</b> SWBCCG Planned care modernisation lead
10:30 - 11:00	Detection of AF – ECG interpretation	<b>Dr Alex Meyer</b> Yardley Wood Health Centre ACE Excellence Clinical Lead BCC CCG
11:00 - 11:20	Refreshments	
11:20 - 12:00	The evidence in clinical practice - The complex AF patients	<b>Dr Derek Connolly</b> Consultant Cardiologist SWBH NHS Trust
12:00 - 12:30	Managing Anticoagulation in patients with AF - Top tips	<b>Sarah Hughes</b> Clinical Nursing Specialist Anticoagulation & Thrombosis Dudley Group of Hospitals NHS Foundation Trust
12:30 - 13:00	Understanding the Need for Anticoagulation	<b>Dr Khalid Khan</b> Consultant Cardiologist Betsi Cadwaladr University Health Board
13:00 - 13:20	Meet the experts - Panel Discussion & Questions	<b>All Speakers</b>
13:20	Meeting Close	

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