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FREE Study Morning for GPs & Practice Nurses Programme Developed & Sponsored by





Cardiovascular Risks Update – Identification and Management for Primary Care Physicians

Saturday 1st July 2017 Future Inn Hotel International Business Park, 1 William Prance Road, Plymouth PL6 9DA

At this event

- Listen to Key Local and National Speakers
- Update your knowledge on management of Cardiovascular Risk
- Receive a Certificate for your Appraisal Portfolio

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SC-UKIE-AMG145-00487 - May 2017

Meet the Speakers ...

Dr Tony Avades MB ChB, MSc, PhD, FRCPath

Dr Tony Avades is a Consultant Chemical Pathologist at Plymouth Hospitals NHS Trust.

He qualified in Medicine and trained in Chemical Pathology at St Thomas and King's College Hospitals.

His clinical expertise is in Metabolic Medicine and Lipidology and he has a particular interest in Familial Hypercholesterolaemia.

He was previously the clinical lead for Llandough Lipid and Apheresis unit in Wales.

Tony is also interested in education and training and currently is Academic Pathology lead for Plymouth University Peninsula Schools of Medicine & Dentistry. He was previously Programme Director for All Wales Chemical Pathology & Metabolic Medicine Training Programme.

Dr Imran Saif MB BS, FCPS (Med), FCPS (Neph), FASN, FRCP

Dr Imran Saif is the Director of Transplantation at the South West Transplant Centre in Plymouth, and Associate Postgraduate Dean with the Health Education England. His main interests are kidney transplantation, acid-base & electrolyte disorders, and hypertension. He has 20 years of teaching experience and over the last 8 years has incorporated interactive methodologies in his sessions with the aim of enhancing mutual learning. In additional to yearly talk for the

Advanced Nephrology Course at the Oxford University, he delivers lectures and workshops on hypertension, chronic kidney disease and kidney transplantation to medical & dental students and trainee doctors.

Dr Girish N Viswanathan MD, MRCP (UK), PhD

Dr Girish Viswanathan is a Consultant Cardiologist at South West Cardiothoracic centre, Derriford Hospital, Plymouth which is the largest tertiary cardiac centre in South West of England. He has qualified from India and has completed his postgraduate training included advanced Interventional Cardiology fellowships in large centres like Cardiff, Newcastle upon Tyne and Bournemouth. He is specialising in complex coronary intervention including chronic total occlusion and

intra vascular imaging. He has completed PhD on atherothrombosis in patients with diabetes and coronary artery disease from Newcastle University, UK in collaboration with Mount Sinai School of Medicine, New York, USA. His academic interests include secondary prevention of coronary artery disease and early risk factor modification. He has authored over 20 papers in peer reviewed journals including Lancet and New England Journal of Medicine and currently a Principal Investigator for studies on atherothrobotic risk modification. He has presented his papers on various national and international conferences and his approach on complex coronary intervention is well received by his peers worldwide. He has also won the award for best researcher by Diabetes UK in 2013.

Date of preparation: May 2017 In conjunction with MediConf, this meeting has been organised and funded by AMGEN

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Programme and Learning Agenda ...



An Amgen Funded Educational Meeting Series

Cardiovascular Risk

- Identification and Management for Primary Care Physicians

Time	Title	Speaker
09.00-09.30	Registration and Coffee	
09.30-09.45	Welcome & introduction	Girish Viswanathan Consultant Cardiologist
09.45-10.30	Hypertension: What's new? What's not?	Imran Saif Director of Transplantation
10.30-11.15	Familial Hypercholesterolemia an underdiagnosed and undertreated CV risk	Tony Avades Consultant Chemical Pathologist
11.15-11.45	Coffee	
11.45-12.30	Risking the Heart: A Coronary Perspective	Girish Viswanathan
12.30-13.00	Panel Discussion & Close	Tony Avades, Girish Viswanathan & Imran Saif

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