



Promoting excellence  
in health education

# Women's Health & Vitamin D - Current Thinking & Practice

## Saturday 18th November 2017

The Conference Centre at LACE  
Croxteth Drive, Sefton Park, Liverpool L17 1AA

### At this event,

- Interact with Key Local and National Speakers
- Update your knowledge on Women's Health & Vitamin D
- Receive a CPD Certificate for your Appraisal Portfolio

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR  
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## Meet the Speakers ...

### Dr Farah Chaudry

I returned home to Yorkshire, having studied in Cambridge and completing my training in London. I worked as a GP in Leeds for 10 years, with an interest in Women's Health, which subsequently evolved into a full-time career in SRH. I have had a varied career and spent last year working as Consultant SRH at Salford Royal. I am now working in Yorkshire full-time, as Contraceptive lead for Bradford and Kirklees Sexual Health services. I do not miss the M62 one bit!

Throughout my practice I have maintained an interest and passion for training and development. I am Joint Faculty Regional Training Advisor for Yorkshire & Humber for the FSRH, General Training Programme Director, MFSRH Examiner and SAS Tutor.

I am a busy parent to 3 lovely daughters who are a constant reminder of the important things in life.

### Dr Sangeeta Naraen

Consultant Orthogeriatrician and special interest in Metabolic Disease  
Aintree University Hospitals, Liverpool.

MRCP I June 2008

MRCP geriatric March 2011

I started working in UK in February 2000 and had my training in Mersey and West Yorkshire. I developed my interest in Orth geriatric and metabolic bone disease while my training in Yorkshire and did talks on these topic multiple times

I run a metabolic bone clinic at Aintree University Hospital and look after Fragility fracture

I have written chapters in book to help manage elderly patient in community.

Since being Consultant in January 2014 I am involved in developing services around fragility fracture and its management

I have published multiple abstract in World Congress for osteoporosis and osteoarthritis regarding fragility fracture.

I am involve in training doctors in fragility fracture and have regular speaker to GPs and colleagues to update the treatment of fragility fracture.

### Women's Health & Vitamin D - Current Thinking & Practice

Time	Title
09:00 – 09:30	Registration, Coffee and Meet Our Experts
09:30 – 11:00	<b>Dr Farah Chaudry</b> Overview of the 2017 FSRH Contraception After Pregnancy Guidelines. Includes patient case studies.
11:00-11:30	Coffee, Biscuits, Exhibition and Meet Our Experts
11:30 – 13:00	<b>Dr Sangeeta Naraen</b> Vitamin D3 - Getting it right
13:00	Course Closes



This meeting is sponsored by Consilient Health Ltd

There are 2 methods of booking:

- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)
- Post the completed booking form to the address below

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