



Women's Health & Vitamin D - Current Thinking & Practice

Saturday 7th October 2017

Village Urban Resort
186 Otley Road, Headingley, Leeds LS16 5PR

At this event,

- Interact with Key Local and National Speakers
- Update your knowledge on Women's Health & Vitamin D
- Receive a CPD Certificate for your Appraisal Portfolio

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
T. 01253 712894 | W. www.mediconf.co.uk | E. janet@mediconf.co.uk

Meet the Speakers ...

Dr Farah Choudry

I returned home to Yorkshire, having studied in Cambridge and completing my training in London. I worked as a GP in Leeds for 10 years, with an interest in Women's Health, which subsequently evolved into a full-time career in SRH. I have had a varied career and spent last year working as Consultant SRH at Salford Royal. I am now working in Yorkshire full-time, as Contraceptive lead for Bradford and Kirklees Sexual Health services. I do not miss the M62 one bit!

Throughout my practice I have maintained an interest and passion for training and development. I am Joint Faculty Regional Training Advisor for Yorkshire & Humber for the FSRH, General Training Programme Director, MFSRH Examiner and SAS Tutor.

I am a busy parent to 3 lovely daughters who are a constant reminder of the important things in life.

Professor Opinder Sahota

Professor in Orthogeriatric Medicine & Consultant Physician
QMC, Nottingham University Hospitals NHS Trust

- Qualified 1992, appointed Consultant Physician QMC 2001.

Regional/National Appointments:

- Lead Clinician Orthogeriatrics NUH
- NIHR HS&DR Researcher led committee member
- NICE working groups (CG 124-2011, QS 16-2012 and CMG 46-2012)
- NICE Falls QS (2014-15)
- NICE Acute Medicine Clinical Guideline committee 2015-2017

Research interest vitamin D, muscle function and fractures

National Awards / Recognition:

- Young Investigators Award, National Osteoporosis Society (3 consecutive years)
- Technological Innovations Award 'Midlands and East of England', Department of Health-Health & Social Care Awards, 2005
- National Winner 'Hospital Doctor of the Year', Department of Health-Health & Social Care Award, 2005
- Inspirational and Leadership Award, NHS Institute of Innovation and Improvement, 2006
- National BUPA 'Care Award', in recognition for Excellence in the Development of Care for Older People, 2006
- Short-listed finalist HSJ Awards-Implementing NICE guidance, 2007
- Picker Institute Award-Improving patient care, 2010
- Short-listed finalist HSJ Awards -Clinical Leader of the Year, 2012
- National Winner-NHS Leadership Recognition Awards-NHS Leader of the Year, 2012

Women's Health & Vitamin D - Current Thinking & Practice

Time	Title
09:00 – 09:30	Registration, Coffee and Meet Our Experts
09:30 – 11:00	Dr Farah Choudry Overview of the 2017 FSRH Contraception After Pregnancy Guidelines. Includes patient case studies.
11:00-11:30	Coffee, Biscuits, Exhibition and Meet Our Experts
11:30 – 13:00	Professor Opinder Sahota Vitamin D3 - Getting it right
13:00	Course Closes



This meeting is sponsored by Consilient Health Ltd

There are 2 methods of booking:

- Book online at www.medicconf.co.uk
- Post the completed booking form to the address below

We do not take bookings over the phone

Please note that all confirmations will be sent to you via email **ONLY** acknowledging your place, candidate registration number and other essential information. It is therefore crucial that you print legibly and clearly your email address on the booking form.

MediConf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

For a full list of our booking terms and conditions please click on our website

IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office

Name

Surgery Address

LIMITED PLACES AVAILABLE
EARLY BOOKING ADVISED
HIGH DEMAND EXPECTED

Tel No.

Email

ESSENTIAL FOR CONFIRMATION

GP Nurse Pharmacist

(Please tick the appropriate boxes)

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
T. 01253 712894 | W. www.medicconf.co.uk | E. janet@medicconf.co.uk