

FREE Study Morning for GPs, Practice Nurses & Pharmacists





# Women's Health & Vitamin D -

**Current Thinking & Practice** 

## Saturday 30th September 2017

Cardiff School of Management Llandaff Campus, Cardiff Metropolitan University, Western Avenue, Cardiff CF5 2YB

#### At this event,

- Interact with Key Local and National Speakers
- Update your knowledge on Women's Health & Vitamin D
- Receive a CPD Certificate for your Appraisal Portfolio

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#### Meet the Speakers ...

#### Dr Stephen Searle

Stephen was a GP Principal in Sussex for six years in the '70s & '80s. He trained in Sexual & Reproductive Health & has worked in specialist contraception clinics for 36 years, becoming a Faculty Registered Trainer in contraception, ultrasound, vasectomy & abortion care.

Having also trained in Public Health in Sussex & at Guy's Hospital, he worked in Africa before becoming a Consultant, and then as Clinical Director in Contraception & Sexual Health in Derbyshire for 24 years.

Recently, working towards retirement, he has moved to take up a post as Clinical Fellow in the Sexual Health Services with University Hospitals Bristol NHS FT. Stephen considers these to be the best jobs in the NHS, probably in the world, thanks to the Teams.

#### **Dr Michael Stone**

Dr Michael Stone qualified from Oxford University in 1981 before completing his clinical training in London.

He trained in Metabolic Bone Disease under the auspices of Professor David Hosking in Nottingham, culminating in the award of his DM thesis in the Treatment of Paget's Disease of Bone.

Since his move to Cardiff, he has developed one of the busiest Metabolic Bone Disease Units in the UK. There are 4 bone clinics each week, open access bone densitometry serviced by two DEXA scanners and a Fracture Liaison Service.

He is also Director of the Bone Research Unit in the Geriatric Medicine Department of Cardiff University, with research interests that include: novel methods of bone strength assessment, the bisphosphonate acute phase response, bone loss in patients with cystic fibrosis or COPD, the use of high dose vitamin D in the frail elderly and treatment induced bone loss in prostate cancer.

He is a clinical expert/referee for the National Institute for Health Research, Chairman of the Wales Osteoporosis Advisory Group, member of the secondary care forum of the UK National Osteoporosis Society, scientific adviser to the Dorset Osteoporosis Society, a trustee of the Paget's Association and a participant in the Rare Bone Diseases network of bone clinics.

He is a member of the faculty and organising committee for the Bone Research Society Training Course on osteoporosis and metabolic bone disease and teaches on bone disease for the Cardiff MSc in geriatrics course.

### Programme and Learning Agenda ...

## Women's Health & Vitamin D - Current Thinking & Practice

Time	Title
09:00 - 09:30	Registration, Coffee and Meet Our Experts
09:30 - 11:00	<b>Dr Stephen Searle</b> Overview of the 2017 FSRH Contraception After Pregnancy in the context of UKMEC Eligibility Criteria. Includes patient case studies.
11:00-11:30	Coffee, Biscuits, Exhibition and Meet Our Experts
11:30 - 13:00	<b>Dr Mike Stone</b> Vitamin D3 - Getting it right
13:00	Course Closes



This meeting is sponsored by Consilient Health Ltd





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