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in health education

# Women's Health & Vitamin D - Current Thinking & Practice

## Saturday 23rd September 2017

Golden Jubilee Conference Hotel  
Beardmore Street, Clydebank, Glasgow G81 4SA

### At this event

- Interact with Key Local and National Speakers
- Update your knowledge on Women's Health & Vitamin D
- Receive a CPD Certificate for your Appraisal Portfolio

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR  
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## Meet the Speakers ...

### Dr Sue Brechin

I am a Consultant in Sexual Health NHS Grampian and an Honorary Senior Clinical Lecturer for the University of Aberdeen.

I am the Clinical Lead for Sexual Health for the Grampian Sexual Health and Blood Borne Virus Managed Care Network.

I was previously the Director of the Faculty of Sexual and Reproductive Healthcare Clinical Effectiveness Unit.

### Professor Opinder Sahota

Professor in Orthogeriatric Medicine & Consultant Physician  
QMC, Nottingham University Hospitals NHS Trust

- Qualified 1992, appointed Consultant Physician QMC 2001.

Regional/National Appointments:

- Lead Clinician Orthogeriatrics NUH
- NIHR HS&DR Researcher led committee member
- NICE working groups (CG 124-2011, QS 16-2012 and CMG 46-2012)
- NICE Falls QS (2014-15)
- NICE Acute Medicine Clinical Guideline committee 2015-2017

Research interest vitamin D, muscle function and fractures

National Awards / Recognition:

- Young Investigators Award, National Osteoporosis Society (3 consecutive years)
- Technological Innovations Award 'Midlands and East of England', Department of Health-Health & Social Care Awards, 2005
- National Winner 'Hospital Doctor of the Year', Department of Health-Health & Social Care Award, 2005
- Inspirational and Leadership Award, NHS Institute of Innovation and Improvement, 2006
- National BUPA 'Care Award', in recognition for Excellence in the Development of Care for Older People, 2006
- Short-listed finalist HSJ Awards-Implementing NICE guidance, 2007
- Picker Institute Award-Improving patient care, 2010
- Short-listed finalist HSJ Awards -Clinical Leader of the Year, 2012
- National Winner-NHS Leadership Recognition Awards-NHS Leader of the Year, 2012

### Women's Health & Vitamin D - Current Thinking & Practice

Time	Title
09:00 – 09:30	Registration, Coffee and Meet Our Experts
09:30 – 11:00	<b>Dr Susan Brechin</b> Overview of the 2017 FSRH Contraception After Pregnancy Guidelines. Includes patient case studies.
11:00-11:30	Coffee, Biscuits, Exhibition and Meet Our Experts
11:30 – 13:00	<b>Professor Opinder Sahota</b> Vitamin D3 - Getting it right
13:00	Course Closes



This meeting is sponsored by Consilient Health Ltd

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- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)
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