



Women's Health & Vitamin D - Current Thinking & Practice

Saturday 9th September 2017

The H Suite Edgbaston

100 Icknield Port Road, Edgbaston Birmingham B16 0AA

At this event

- Interact with Key Local and National Speakers
- Update your knowledge on Women's Health & Vitamin D
- Receive a CPD Certificate for your Appraisal Portfolio

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
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Meet the Speakers ...

Dr Kulsum Jaffer

Consultant in Sexual and Reproductive Health in Birmingham – the Lead Consultant for the contraceptive services in Umbrella, a provider of free and confidential sexual health services in Birmingham and Solihull, including all types of contraception and STI testing and treatment.

Honorary Senior Lecturer in Obstetrics and Gynaecology for Birmingham University.

Dr Sunanda Gupta

Dr S Gupta is a Lead Clinician in Sexual and Reproductive Health/ Community Gynaecology at Royal Wolverhampton NHS Trust.

She has been a Consultant Lead since September 1999, providing strategic direction to Contraceptive services. She is also Director of the Wolverhampton DFSRH training programme, and leads on clinical audit within the Directorate.

She has extensive experience of Service Planning and Provision.

She is a Fellow of the Royal College of Obstetricians and Gynaecologists and of the Faculty of Sexual and Reproductive Healthcare and was awarded the Fellowship of the Academy of Medical Educators in line with her passion for Medical Education.

Dr Asad Rahim

I graduated from the University of Leeds in 1991 and then continued with my postgraduate education in Leeds and Manchester. I trained as a Research Fellow in Endocrinology and Specialist Registrar in Manchester and developed a research interest in growth hormone and replacement therapy before coming to Birmingham to take up a post of Consultant Physician with an interest in Diabetes and Endocrinology. My training has been predominately in endocrinology and my specialist areas include clinical endocrinology. Currently, I provide a wide range of clinical services providing clinics in general and specialist endocrinology, including metabolic bone, pituitary and thyroid clinics. I have been in post as a Consultant for almost 15 years and therefore have a great deal of experience in all aspects of my speciality.

Over the last five years I have developed a clinical interest in vitamin D deficiency, its treatment and associated conditions, in particular Primary Hyperparathyroidism. Currently our unit has the largest referral rate for primary hyperparathyroidism and its management, in particular vitamin D replacement.

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| Time | Title |
|---------------|---|
| 09:00 – 09:30 | Registration, Coffee and Meet Our Experts |
| 09:30 – 11:00 | Dr Kulsum Jaffer & Dr Sunanda Gupta Overview of the 2017 FSRH Contraception After Pregnancy Guidelines. Includes patient case studies. |
| 11:00-11:30 | Coffee, Biscuits, Exhibition and Meet Our Experts |
| 11:30 – 13:00 | Dr Asad Rahim Vitamin D3 - Getting it right |
| 13:00 | Course Closes |



This meeting is sponsored by Consilient Health Ltd

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